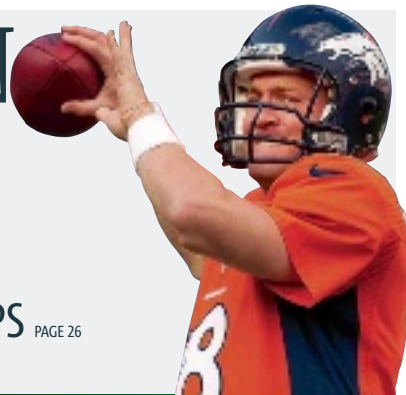




NFL SEASON BEGINS

FIND OUT WHY ROOKIES ARE INFILTRATING STARTING LINEUPS PAGE 26



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CAR VS. CAVE-IN

A car pokes out from a sinkhole on Highway 174 on Tuesday after a 48-year-old driver inadvertently crashed the car into it while exiting near Jeanne D'Arc Boulevard at about 5:10 p.m. Paramedics said the man was able to leave his car and climb to street level, while suffering a minor leg injury. The road was closed by authorities, stalling traffic on Blair Road to Jeanne D'Arc. CONTRIBUTED

PQ wins minority

Call from crowd.

Cheers of 'Pauline, Pauline' greet PQ victory in Quebec election Tuesday night

Wave after wave of deafening, excited cheers shook a downtown Montreal nightclub as Parti Quebecois supporters heard Tuesday their party would form the next Quebec government.

Pauline Marois will be Canada's fifth female premier after several tries to become party leader and having to fend off attempts as recently as last year to oust her.

People waved flags and hugged or jumped up and down as election results indicated the PQ was headed back to power after nine

years of Liberal government under Premier Jean Charest.

Tears glistened in the eyes of some people while others had broad smiles pasted on their faces. Others looked dazed, yet happy.

Chants of "Pauline, Pauline," reverberated through the Metropolis nightclub as the results rolled in.

The exuberance for Marois was almost matched when the mob saw reports on giant TV screens that Charest was trailing in his Sherbrooke riding.

Then the crowd of 2,000 broke into one of the favourite anthems at Canadiens hockey games — "Hey, hey goodbye."

Every time the PQ advanced in a riding, the crowd roared and waved flags.

Any possible Liberal gain was greeted with loud boos.

THE CANADIAN PRESS

Condos are rising up

Condos dominate local housing starts, catering in part to first-time buyers PAGE 3

Music and wine in B.C.

Combining pretty venues, music and a glass of vino in B.C.'s wine country PAGES 17



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Social-media campaign

City wants your two cents on budget

Seven weeks out from tabling a draft budget, Mayor Jim Watson is asking the public to weigh in on what they want included.

Watson's office launched an email and social-media campaign Tuesday to encourage citizens to suggest what they'd like their money spent on.

Citizens can weigh in on the budget deliberations by sending an email to budget2013@ottawa.ca or by sending a tweet with the hashtag #ottbudget.

ALEX BOUTILIER/METRO

East end

Police look for suspect after woman groped

A 19-year-old woman was sexually assaulted by a man on Jeanne d'Arc Boulevard around 8:30 p.m. Aug. 30, police say.

The suspect is five-foot-six, has blond hair, weighs 180 pounds and appears to be in his mid-30s. At the time he was wearing a red short-sleeve shirt and blue jeans. GRAHAM LANKTREE/METRO

Grow-op raid

Tip leads to Gatineau

Acting on an anonymous tip, Quebec provincial police seized more than 500 marijuana plants during a grow-op raid Monday.

Officers searched an outdoor plantation near Mont Lévis and Saint-André-Avellin and seized 517 pot plants and a weapon.

A 50-year-old man from Saint-André-Avellin was in the plantation at the time of the raid and was arrested at the scene.

JESSICA BEDDAOUI/FOR METRO

Mobile news



And so the Democratic National Convention begins. Scan the code to find out what first lady Michelle Obama had to say on Day 1 of the event.



Voters get directions at a polling station in Gatineau Tuesday. JESSICA BEDDAOUI/FOR METRO

Quebec voters' minds on bread-and-butter issues

Election. Locals focusing on better health care, education — even as referendum talk swirls

JESSICA BEDDAOUI
ottawa@metronews.ca

Quebecers who headed to the voting polls in Gatineau Tuesday were hopeful changes to both the health-care and education system would be top priority — not a referendum.

"I like Madame Marois, but I don't think we are ready for a referendum," said 78-year-old Anne Nicole.

Anne Nicole said she was outraged by the shortage of

Quoted

"I'm hoping this government will firstly respect students. I think the Liberal government didn't respect our freedom of speech."

Jonathan Duguay, 30, student

doctors, lengthy emergency wait times and the way seniors are treated under the current Quebec health-care system.

"The elderly pay a lot of taxes, too," she added.

Lyne Lachapelle agrees that hospitals in Quebec need improvement. Lachapelle said her mother has been staying at the Hull hospital for three months and during this time a lot of pressing issues have been brought to her attention.

"I'd like to see more doctors, more staff," Lachapelle said.

Another hot topic among voters was the student strike that took place after Liberal Leader Jean Charest proposed a tuition hike in March 2011.

"I'm hoping this government will firstly respect students, I think the Liberal government didn't respect our freedom of speech," student Jonathan Duguay said, hopeful that his vote would

help end the Liberal government's reign.

Former schoolteacher Eleanor Monaghan agreed changes to the current education system also affected the way she voted.

"I think this strike they went on, I didn't understand it completely because it didn't make a lot of sense to me and the sad part is the serious students look bad because of students that were not serious and weren't even in school, but just like trouble. It defeated the purpose," Monaghan said. "We need a lot of improvement in education."

Other Quebec voters said their priorities included job creation, better working conditions, and tax breaks for the middle class.



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Condo starts on rise while single dwellings decline

Demographic trends.

Rise of condos mirrors growth of first-time buyers and elderly looking to downsize, says CMHC



ALEX BOUTILLIER
alex.boutillier@metronews.ca

Condominiums accounted for more than 50 per cent of the overall housing starts in Ottawa in the first six months of 2012, according to the Canadian Mortgage and Housing Corp.

That's more than double the proportion of overall starts attributed to condos in 2010 and 2011 (23 per cent), and a drastic increase over the periods between 2006-2009 (17 per cent) and 2000-2005 (7.4 per cent).

According to Sandra Perez Torres, a senior analyst with CMHC, the rise of condos in Ottawa mirrors growth in two demographics — first-

Density over sprawl

Kitchissippi Coun. Katherine Hobbs said there are more condo units in her ward than there are homes.

- That ratio should continue, with about five or six condo projects in various stages of development in the ward.
- Hobbs said the developments make sense, given council's desire for "densification" over sprawl.

time buyers aged 25 to 35 and older people looking to downsize from a home.

"The growth in population between the ages of 25 and 35 ... and 55 to 74 ... is growing at a similar rate as the apartment starts," said Perez Torres.

Meanwhile, single-detached-dwelling starts declined 12 per cent over the first six months of 2012. Perez Torres said that decline is mostly in the down-

In numbers

35-40%

CMHC expects condos to account for 35 to 45 per cent of all 2012 housing starts.

town core, as single detached homes are pushed to suburban and rural areas.

Perez Torres said there's a correlation between the two trends "and its affordability."

"In some cases (buyers) want to stay close to the downtown area but buying a single-detached home is too expensive for them," she said. "A lot of these ... singles are happening in suburban areas."

Mayor Jim Watson said while the city has a role to play in what housing options are available in Ottawa, developers will ultimately build for the market.

"The market is calling for one and two bedrooms," Watson said. "It's not a big concern at this point simply because ... it's not nearly as intensive as other cities."



A crane towers above a new condo development on Nepean Street Tuesday. ALEX BOUTILLIER/METRO

PSAC plans to fly another anti-Harper banner



PSAC said it will hire this plane again to carry an anti-Harper message on Sept. 17. COURTESY OF AEROGRAM MEDIA

The Public Service Alliance of Canada (PSAC) said it will have another go at flying an anti-Stephen Harper banner around Ottawa after a plane that carried it on Saturday was ordered to land by the RCMP.

PSAC hired a pilot to fly the plane with the banner, which read "StephenHarperNousDeteste.ca," around communities in Quebec over the past couple of weeks.

When it reached the Ottawa-Gatineau area on Saturday, RCMP officers ordered

the pilot to land the plane at the Rockcliffe Airport. The police force said its officers made the request because they thought the plane had breached restricted airspace over Parliament Hill.

NAV Canada confirmed Monday the plane had not, in fact, done so.

Alroy Fonseca, a PSAC spokesperson, said on Tuesday the union plans to fly the banner again to coincide with MPs returning to Parliament.

"It's not a retaliation," said Fonseca. Rather, PSAC was en-

couraged by the "really good" feedback it got from flying the banner in other regions.

The second attempt will also coincide with the union's Sept. 15 "national day of action" event to highlight the effects of public service cuts.

Fonseca said the final details are being negotiated with the pilot, Gian Piero Ciambella. He said the plan is for the pilot to fly the same route as was planned on Saturday before the flight was halted.

JOE LOFARO/METRO



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'You're out!' city tells team with ballpark set to be bulldozed

Public, private.

City of Ottawa is partnering with the Ottawa Senators to revitalize park



GRAHAM LANKTREE

graham.lanktree@metronews.ca

A baseball team will lose a Lowertown diamond where it has played for the last five years, all because it didn't book it in advance, players say.

"For some of us, this is our only exercise all week. It's my favourite day of the week for sure," said Dan Clouthier, who has overseen the loose league of 20 to 30 downtown night-club colleagues and friends since they started playing every weekend, from 4 to 8 p.m., seven years ago.

The diamond is set to be bulldozed in 2013 as the City of Ottawa begins a \$2.1-million redevelopment spon-



A baseball league is mourning the loss of its diamond in Lowertown, which is making way for a soccer pitch and NHL-sized rink sponsored by the Ottawa Senators. GRAHAM LANKTREE/METRO

sored by the Ottawa Senators, which will see a permanent NHL-sized outdoor rink, soccer field, children's play structure and change rooms added to the site starting this fall.

"I couldn't believe that they're removing the diamond," said Matt Luloff,

who has played in the league for the past two years. "The city came and canvassed my house for a public meeting a few weeks ago, but I couldn't go because of class. When I called a city rep, they said it was pretty much a done deal. I don't see why we couldn't

share the space."

The Jules Morin Park is in dire need of redevelopment to help cope with crime in the area, said Coun. Mathieu Fleury, adding he was surprised to hear from the team now, as public consultations have been going on since

April.

"Name it, we've seen it there: broken glass, needles, drug dealing," he said. "That area needs redevelopment. There are 600 kids in a three-block radius. We need to make this park a go-to for the community. We did our research

and we've had no contracts for rental of the baseball diamond for the past five years."

Clouthier said, "This is our 24th game this season," adding that all city staff needed to do was look out from the nearby Patro d'Ottawa community centre on Sunday afternoon to see the team.

Replacing the diamond with a soccer pitch and other bells and whistles will make it more accessible, Fleury argues. "The hockey rink will bring in adult leagues from the broader community," he said. "We had 100 people in a packed public meeting and everyone was in favour."

Now the team's Sept. 30 tournament, which will pit downtown bars the Laff, Chez Lucien and the Dominion Tavern and members of Ottawa's RA Centre against each other for bragging rights, may be its last inning.

"I don't know where we'll go next," said Clouthier. "There's a diamond nearby, but it's too small for all the people that play."

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New app posts home video for 'their' eyes only

Work in progress. Crewcam Inc. just finished app revamp available in the App Store, with an Android app coming soon



JOE LOFARO
joe.lofaro@metronews.ca

An ambitious 23-year-old Ottawa man hopes a new mobile application he helped build will become the norm in how people share home videos.

"I was always interested in computers," said Ryan Brink, who hails from Cornwall.

The information-technology student took a break from his studies at Carleton University to finish creating Crewcam — a free iPhone and iPad video sharing app that he began working



Ryan Brink demos Crewcam, a new mobile application for iOS devices, which allows users to share personal videos with specified groups of people. JOE LOFARO/METRO

on after completing co-op at LiveQoS in Kanata.

Brink said his app addresses a common problem: what to do with those videos you take on your mobile device, but don't

want to share with the world.

With Crewcam, that video of your infant taking his or her first steps, for example, doesn't have to be shared with everyone. Instead, users can share it with a specific "crew" or group of friends chosen.

"Facebook has a built-in video app, but almost nobody uses it," said Brink. "And I think it's because people are really uncomfortable seeing themselves in front of their 500 Facebook friends."

He said the personal aspect of the app is what distinguishes it from other popular video sharing apps like Viddy and Socialcam. Brink foresees people using this app at staff birthday parties, family occasions, and even community groups.

"Anyone my age would be interested in this," said Brink. "I think video is going to be the next cycle of that evolution of content sharing."



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Water-bombers speed to Portugal to fight 'perfect storm' of fires

Drought tightens its grip. Spain, France answer the nation's plea for help as tinder-dry woodland erupts in flames

Water-dumping aircraft from Spain and France on Tuesday joined Portugal's battle to halt the spread of menacing wildfires.

The fires were raging through thick woodland in the country's north that has been left tinder-dry by months of drought.

Spain and France sent two aircraft each, a day after authorities appealed for help for fire crews struggling to contain blazes amid high temperatures and strong winds.

Officials said just over 1,000 firefighters were tackling 10 blazes in steep hills and dense forests in northern Portugal.

Searing toll

Portugal is in the grip of one of the worst droughts in recent memory.

- **Heatwave.** At the end of July, 58 per cent of the country was enduring extreme drought conditions and 26 per cent was in severe drought — the two highest classifications.

More than 350 vehicles and 19 aircraft, including those from Spain and France, were on duty, they said.

In remote villages, locals used buckets and garden hoses to douse flames encroaching on their homes.

Interior Minister Miguel Macedo met with national fire officials and said the temperatures above 30 C, high winds and difficult terrain "have produced what firefighters call a perfect storm."

THE ASSOCIATED PRESS



Firefighters battle to douse a blaze in Alvaizere, central Portugal, on Tuesday. Officials say firefighters extinguished a 30-hour blaze that claimed the life of one person. On Monday, more than 7,300 firefighters and almost 2,000 vehicles attended 289 major forest fires. FRANCISCO SECO/THE ASSOCIATED PRESS

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Starstruck. Spacecraft will quit solar system to probe brave new world

Thirty-five years after leaving Earth, Voyager 1 is reaching for the stars.

The workhorse spacecraft will bid adieu to the solar system and enter a new realm of space — the first time a manmade object will have escaped to the other side.

Perhaps no one on Earth will relish the moment more than 76-year-old Ed Stone, who has toiled on the project from the start. "We're anxious to get outside and find what's out there," he said.

When NASA's Voyager 1 and Voyager 2 first rocketed

out of Earth's grip in 1977, no one knew how long both craft would live. Now, they are the longest-operating spacecraft in history.

Voyager 1 is currently more than 11 billion miles from the sun.

Voyager 2 trails behind at 9 billion miles from the sun.

The Voyagers' original goal was to tour Jupiter and Saturn, and they sent back postcards of Jupiter's big red spot and Saturn's glittery rings. They also beamed home a torrent of discoveries.

THE ASSOCIATED PRESS



Voyager 1, shown in an artist's rendering, is now flitting around the edges of the solar system. Soon it will be the first spacecraft to peer past the solar system and explore between the stars. NASA/THE ASSOCIATED PRESS

Time to nix spanking law: CMA Journal

Criminal Code. Editorial takes aim at the legal defence for physically disciplining children

The Canadian Medical Association Journal says it's time to do away with the Criminal Code's so-called spanking law.

A strongly worded editorial in the journal Tuesday calls for the repeal of Section 43

of the Criminal Code, which gives parents and teachers a legal defence when they physically discipline children.

"It is time for Canada to remove this anachronistic excuse for poor parenting from the statute book," editor-in-chief John Fletcher wrote in a signed editorial.

The editorial will likely reignite debate on a controversial topic that has inflamed opinion for decades.

The Supreme Court of Can-

ada upheld the Criminal Code provision by a 6-3 margin in a landmark 2004 ruling.

The high court ruled that the provision did not infringe a child's right to security of the person under the Charter of Rights and Freedoms and does not constitute cruel and unusual punishment.

Several private members' bills to ban corporal punishment have failed in the House of Commons and Senate, most recently in 2008.

In the editorial, Fletcher argues that parents need to be educated on how to discipline their children.

He said the Criminal Code needs to be amended because it tells parents that physical punishment is an acceptable way to discipline children.

"Although it is not necessary to make spanking a crime to encourage alternative approaches to parenting, Section 43 of the Criminal Code of Canada sends the wrong

Quoted

"It is time for Canada to remove this anachronistic excuse for poor parenting from the statute book."

John Fletcher, editor-in-chief of the Canadian Medical Association Journal, in an editorial

message, stating, "... a parent is justified in using force by way of correction ... if the

force does not exceed what is reasonable under the circumstances."

The editorial said that police already have discretion to decide when an assault is trivial, but argued that "any bias" should be aimed at vulnerable children.

"To have a specific code excusing parents is to suggest that assault by a parent is a normal and accepted part of bringing up children. It is not." **THE CANADIAN PRESS**



Splitting the bill: Japan may pay for tsunami-debris cleanup

Ocean debris believed to be from Japan is seen on Long Beach in Tofino, B.C., back in April. Officials in British Columbia are welcoming news that the Japanese government may help pay for the disposal of tsunami debris washing up on Canadian and U.S. shores.

JONATHAN HAYWARD/THE CANADIAN PRESS

Ministry investigating

Fish furor: Rotting carcasses inundate Lake Erie shore

Tens of thousands of rotting fish are lining a 40-kilometre stretch of shoreline along Lake Erie, reports the provincial environment ministry, which is investigating the cause.

A spokesperson for the Ontario Ministry of Environment said Tuesday the kill was reported on the weekend. So far it appears the fish may have died from the effects of a naturally occurring lake inversion rather than a spill.

The question now is which agency is responsible for cleaning up the rotting carcasses. The dead fish stretch from west of the fishing village of Port Stanley in Elgin County to the village of Morpeth in Chatham-Kent just east of Rondeau.

TORSTAR NEWS SERVICE

Watershed moment

Scientists gather to save Mackenzie basin from politics

Scientists fear the Mackenzie River Basin, an extensive watershed three times the size of France, is under threat. And starting Tuesday, experts will gather in Vancouver to come up with a suggested management plan for the basin that just might save it from the jurisdictional problems that plague almost every other major watershed in the world.

Currently, the basin falls under the jurisdiction of the federal government, three provincial governments and three territorial governments — and that is the problem, say proponents of an integrated plan.

The river system flows into British Columbia, Alberta and Saskatchewan through Yukon and Nunavut, into the Northwest Territories and to the Arctic Ocean.

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'Hitler' clothing store owner to change shop name

Controversial.

Owner says he received dozens of phone calls asking that he rename the clothing store

The owner of the Hitler clothing shop in western India says he will remove the sign and rename his store after hearing people's complaints.

Rajesh Shah said Tuesday he had chosen the name in memory of his grandfather, a strict disciplinarian whom the family referred to as Hitler.

The shop in Ahmadabad, the main city in Gujarat state, opened last month with a huge sign reading "Hitler" and a Nazi swastika inside the dot in the letter "I."

THE ASSOCIATED PRESS



A customer holds a shopping bag on Tuesday as store owners Rajesh Shah and Manish Chandani look on in Ahmadabad, India, outside their clothing shop named Hitler. AJIT SOLANKI/THE ASSOCIATED PRESS

'Diefenbaby.' Man says DNA test on former PM's hair won't prove paternity

A Toronto man who believes John Diefenbaker may have been his father thinks there's no point testing a recently discovered lock of the former prime minister's hair.

The Diefenbaker Canada Centre in Saskatoon announced last week it found a chunk of hair labelled as belonging to the former prime minister.

The hair, not listed in the museum's computer database, was a surprise find for the museum during renovations. Staff believe the blond strands were likely cut from Diefenbaker's head when he was a child and kept as a family keepsake.

The centre has invited George Dryden to have the hair tested, but he believes it would be a waste of time.

"It's useless. There's nothing there to test," Dryden said Tuesday. "You need the root. A clipping just doesn't do it."

Dryden, who bears a strong resemblance to the former Conservative leader, claims his mother had an affair with the prime minister in the 1960s.



George Dryden
THE CANADIAN PRESS

Diefenbaker was Canada's 13th prime minister from 1959 to 1963. He reportedly had no children and died in 1979.

Dryden has been trying for more than a year to establish whether he is Diefenbaker's offspring. Earlier this year, he hired a company to conduct DNA tests on a few artifacts at the centre, but the results were inconclusive.

THE CANADIAN PRESS

Wild ride

Animals seized in Vietnam

Police have seized four baby tigers and more than 100 pangolins being transported in a car in central Vietnam.

A police officer in Ha Tinh province says two men were detained for questioning after officers seized the live animals Tuesday.

Pangolins are scaly anteaters native to Asia and Africa.

Tiger bones are used in Vietnam to make a traditional painkiller that sells for several hundred dollars an ounce.

THE ASSOCIATED PRESS

Bogus cash

Man eats up counterfeit money: Police

Authorities say a 35-year-old man tried to swallow several counterfeit \$50 bills after he was caught trying to use the bogus money at a western New York amusement park.

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TV ruled Canadian households in 2011: CRTC report

Broadcasting.

Traditional media remains solid despite more online options, wireless devices

Canadians' love affair with television programs remains undiminished, despite the proliferation of new online and wireless platforms that were supposed to threaten traditional media.

The CRTC's new report on the communications industry shows Canadians watched an average of 28.5 hours of TV every week last year, up 30 minutes from 2010, even though they had more media choices than ever before.

In fact, Canadians increased their TV-program viewing even more — if the 2.8 hours spent watching television shows online is included.

Radio listening was also up

Cable nation

There was a six per cent spike, to 27.4 million, in the number of Canadians subscribed to wireless services.

- Meanwhile, 2.2 per cent more Canadians subscribed to basic television services, representing about 90 per cent of the population.
- The only loser was home-phone subscriptions, which fell 2.7 per cent to 12.2 million in 2011, continuing a trend.

only more moderately, from 17.6 to 17.7 hours a week.

"The fact that they are spending more time watching or listening to programming is good news for Canadian creators," said Jean-Pierre Blais, chairman of the Canadian

Radio-television and Telecommunications Commission, in the annual report from the federal regulator.

It's also good news for communications companies.

Broadcast revenues climbed 5.5 per cent to \$16.6 billion from 2010, and revenues from telecommunications services increased by 2.5 per cent to \$42.7 billion. On average, consumers spent an average of \$180 a month on services.

Overall, the communications industry accounted for about 4.6 per cent of Canada's gross domestic product in 2011.

The growth in the traditional media occurred even though, as the report shows, Canadians were expanding their use of computers and wireless devices, such as smartphones.

By the end of 2011, 78 per cent of 13.4 million households had an Internet connection, and Canadians continued to migrate to faster services.

THE CANADIAN PRESS



Iron Lady's wool suits sold

The turquoise wool suit, left, that former British Prime Minister Margaret Thatcher wore on the day she was confirmed as Conservative Party leader sold at auction for 25,000 pounds (\$39,670 US) on Monday. Separately, a buyer in South Korea snagged six other striking outfits on auction, all of which were worn by Thatcher in the 1970s before she became prime minister. In total, the outfits fetched a little more than 73,000 pounds — far exceeding the initial estimates of 1,000 to 1,500 pounds for each outfit. SANG TAN/THE ASSOCIATED PRESS FILE

South Africa

Buffalo breeder nets \$3.25M

A young buffalo bull with massive bowed horns sold at auction for a record 26 million rand (\$3.25 million US), the South African Stud Breeders' Association said Tuesday.

Owner Jacques Malan said the almost-five-year-old bull called Horizon has horns measuring 130.5 centimetres long and a boss, or horn base, nearly 41 centimetres wide — a South African record for an animal that age.

THE ASSOCIATED PRESS

Market Minute

DOLLAR
↓ 101.44¢ US (-0.01¢)

TSX
↓ 11,941.7 (-7.56)

OIL
↓ \$95.30 US (-\$1.17¢)

GOLD
↑ \$1,696 US (+\$8.40)

Natural gas: \$2.85 US (+5¢)
Dow Jones: 13,035.94 (-54.9)

N.Y.C. Diet groups support ban on big, sugary drinks

Weight Watchers, Jenny Craig and other diet groups said Tuesday they are supporting the Big Apple's proposed crackdown on super-sized, sugary drinks, adding prominent weight-loss groups' influence to the campaign ahead of a vote next week.

Mayor Michael Bloomberg and Weight Watchers North America president David Burwick announced the groups join a list of physicians, elected officials and others who have come out in support of the plan.

Habitual inaction

"There has been a lot of discussion about obesity, but little action."

Weight Watchers North America President David Burwick, explaining why they support this effort to help New Yorkers live healthier.

The proposal calls for restaurants, movie theatres, sports arenas, food carts and delis to stop selling sodas and other sugary drinks in servings larger than 475 millilitres (16 oz).

THE ASSOCIATED PRESS

Technology. Apple to reveal iPhone 5 to media?

Apple Inc. on Tuesday invited reporters to a news conference next week in San Francisco with a message that suggests that it will reveal the iPhone 5, as expected.

The email invitation shows a big "12," for Sept. 12, casting a shadow in the shape of a "5."

Various unconfirmed reports have pointed to Sept. 12 as being the day Apple Inc. shows off the new phone, which is expected to go on sale a week or two later. The next iPhone is expected to have a taller screen and the ability to access the

latest wireless data networks in the U.S. Analysts expect it to set sales records.

Other unconfirmed reports say Apple will reveal a smaller version of the iPad, taking on competitors like Amazon.com Inc.'s Kindle Fire, which have nibbled on the edges of the iPad's dominance in the tablet category.

On Wednesday, Nokia and Motorola are holding events of their own in New York, apparently to reveal their latest products ahead of the iPhone launch. THE ASSOCIATED PRESS

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A SWEET DEBACLE THAT'S LEFT N.Y.C. THIRSTY FOR ANSWERS



JUST SAYIN'
Paul Sullivan
metronews.ca

*There's battle lines being drawn
Nobody's right if everybody's wrong...
Buffalo Springfield —
For What It's Worth*

The battle lines are indeed being drawn in New York City in

advance of the vote to ban big sugary drinks in the Big Apple, set for Sept. 13.

Weight Watchers, Jenny Craig, the South Beach Diet, etc., are all lining up alongside Mayor Michael Bloomberg, who wants to make it illegal to sell any sugary drink larger than 16 ounces, or, as we like to say here in Canada, 475 millilitres.

On the other side: New Yorkers for Beverage Choices, which enlists more than 2,000 businesses and a quarter of a million people. According to the New York Times, six in 10 New Yorkers oppose the ban.

Not your sugar daddy

As with every other discussion in the U.S., the battle lines are drawn around individual freedom. You either have the freedom to drink your face off and court obesity, diabetes, heart disease and cancer, or you don't.

Of course, you could just buy X number of 16-ounce beverages and thwart the mayor's evil scheme, but nothing says convenience like a two-litre Double Gulp, especially after all those salty fries and triple-decker cheese-and-bacon burgers.

As with every other discussion in the U.S., the battle lines are drawn around individual freedom. You either have the freedom to drink your face off and court obesity, diabetes, heart disease and cancer, or you don't.

New York's mayor argues that you don't, and is supported by the fact that the city faces an annual \$4-billion US price tag to handle the health problems of the obese.

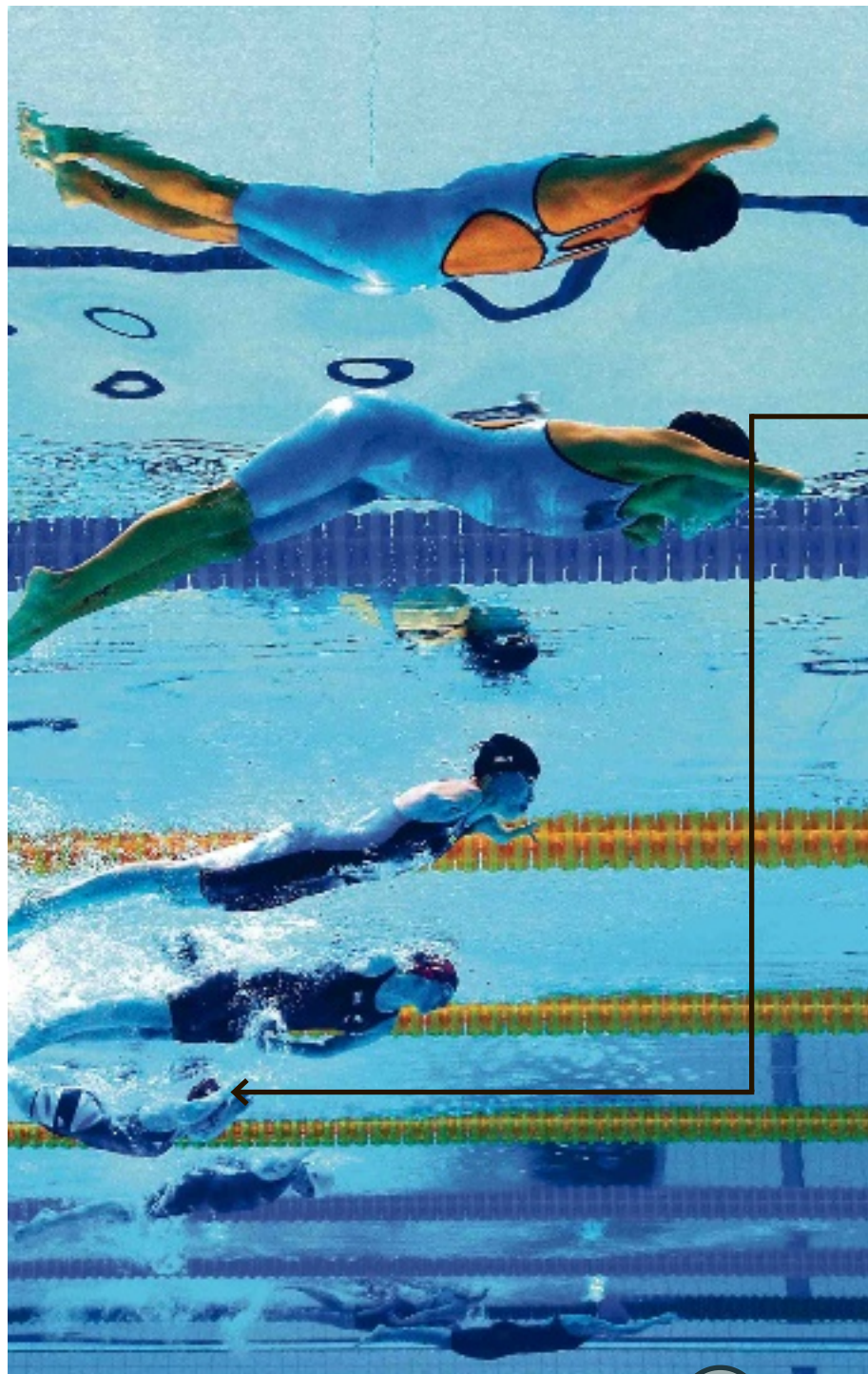
The other guys say this is just the thin edge of the wedge and do you really want the government telling you what and how much to eat and drink? As someone who just spent a day at the PNE (Pacific National Exhibition) and managed to resist deep-fried Wagon Wheels and Mars bars, but stumbled over those cinnamon- and sugar-encrusted mini-doughnuts, it's hard to disagree.

Where do you draw the line? Most of us are in favour of a balanced diet, but the diet and nutrition neighbourhood is not a safe place for moderates these days. Everything except lentils is bad for you, and you can bet there's someone who can prove beyond a doubt that lentils cause cataracts, chancre sores and/or cancer. If Bloomberg can get big sugary drinks banned, what about those nasty lentils?

Still, more than one-third of U.S. adults (35.7 per cent) and 17 per cent of children and adolescents aged two to 19 years are obese. (The number is a little better in Canada — 23 per cent of adults.) Not "a little pudgy" or "could afford to lose a few pounds." Obese. And the crazy thing is we have the cure, which can be summarized in two words: Eat less.

Sometimes in the war of words, less is more.

Can you spot the Piranha?



GETTY IMAGES PHOTOS

Paralympic sensation

Swim won in record time

This glorious image shows Paralympic swimmers taking off in the 200-metre medley SM6 category.

This race is for athletes who have lost limbs, have co-ordination problems or are considered dwarfs. It was won by British swimmer Eleanor (the Piranha) Simmonds — who suffers with dwarfism — in world-record time. It was the fourth Paralympic gold for the 17-year-old. **METRO**



The Piranha poses with her gold.

Underwater Olympic cam

- The L2012 camera races with the swimmers, and even tweets at the same time.

Streaking ahead

9

Simmonds finished the race nine seconds ahead of Germany's Verena Schott, who took silver, with another Briton, Natalie Jones, taking bronze. Simmonds set a new world-record time of 3:05:39.

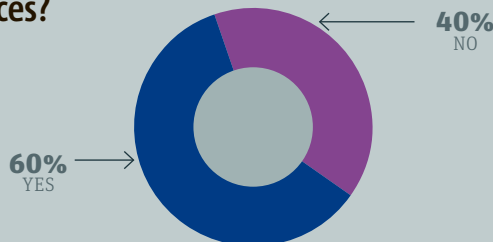


A man protests against New York City Mayor Michael Bloomberg's proposal to ban sugary soft drinks over 16 ounces (475 millilitres). GETTY IMAGES FILE



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Should the government regulate gas prices?



Twitter

@chelseahamre:

Sinkhole #howdidthathappen

leans RT @CBCOttawa: Sinkhole swallows car in Ottawa <http://t.co/J61VF5N>

@ktktktk:

I will now spend every moment that I'm in my car worrying that I will suddenly fall into a sinkhole.

@GrainGrowers: Bus service comes to halt due to a sinkhole having just swallowed a whole car and the road now closed. Will Dominoes deliver to the #35 bus?

@strutjewelry:

This is crazy! @CBCOttawa: Sinkhole swallows car in Ottawa <http://t.co/nlzeEwH>

@graemeboo: @OC_Transpo Must praise the adaptive driving skills of your 37 bus driver in the wake of the Great Ottawa #sinkhole of 2012.

@cooliebwoy:

No wonder the traffic is crazy to Or-



Bradley Cooper stars in *The Words*, a film directed by his best friend Brian Klugman. HANDOUT

Cooper complicated in *The Words*

New film. Multi-layered flick follows a struggling writer's rise to fame and how he deals with decisions

NED EHRBAR
Metro World News

For Bradley Cooper, signing on to star in *The Words* — co-written and co-directed by his childhood best friend, Brian Klugman — was a no-brainer. But that doesn't mean he was entirely comfortable actually playing Rory Jansen, a struggling writer who discovers a lost manuscript and passes it off as his own, leading to

overnight literary success.

"I was very scared that I was going to fail (Klugman and co-director/co-writer Lee Sternthal) when they asked me to do it," Cooper admits. "I said yes because I would do anything for them. Brian is my best buddy. It was a week before shooting, I was reading the script one last time, and he knew I was worried that I really didn't get Rory."

The multi-layered film follows Rory's rise to fame, his wife (Zoe Saldana) supporting him all the way while also telling the story recounted in the lost manuscript, a tragic love story set in post-Second World War Paris between a young American GI (Ben Barnes) and French woman (Nora Arnezeder). Framing all of that is an established au-

Quote

"It's much more complicated than a plagiarist who wants success."

Bradley Cooper
Talking about his character Rory Jansen

thor (Dennis Quaid) re-telling the entire tale, with a very interested listener (Olivia Wilde) pressing him for more details. The film itself gave Cooper a kind of thrill he hasn't necessarily gotten in a while and it "got me to places I didn't know I could get to," he says.

While the act of plagiarism at the heart of the plot may be tough for audiences to sympathize with, Cooper found a way of understanding

Rory's decision.

"It's much more complicated than a plagiarist who wants success. His goal is not to be a famous writer. His goal is to meet the expectations he has of himself," Cooper explains. "I don't see Rory as a slime-bag at all. I see him as a man who's not really a man and grappling with what it is to be a man. I think his Achilles heel is his impatience, and the thing I really liked about the script and the hook for me was the fact that he actually is a good writer. He's not a poor writer who's just looking for any way to get success, but he's just so preoccupied with living up to some idea who he thinks she should be. That's his fatal flaw."

Rory suffers his fair share

of rejection before stumbling upon the words that will make him famous, and Cooper himself admits he's no stranger to rejection as an actor — in fact, in his early days he was a little too used to it.

"When I first started auditioning, I didn't realize — and I'm not even kidding — that you actually could book a job," he says. "I still remember when I booked *Sex and the City*, I was actually very frightened because I had to actually do the job. I didn't really understand that concept. I was like, 'What do you mean, it's not a videotape in a room? We're actually going to be on the street, with Sarah Jessica Parker?' I came at it from another side where rejection was normal and getting it was odd."

2 SCENE

On the web



Former football star
Michael Strahan
becomes Kelly Ripa's
co-host of morning TV
show

HOW DO YOU KEEP 200 MILLION CUSTOMERS HAPPY? WITH YOUR EARS.



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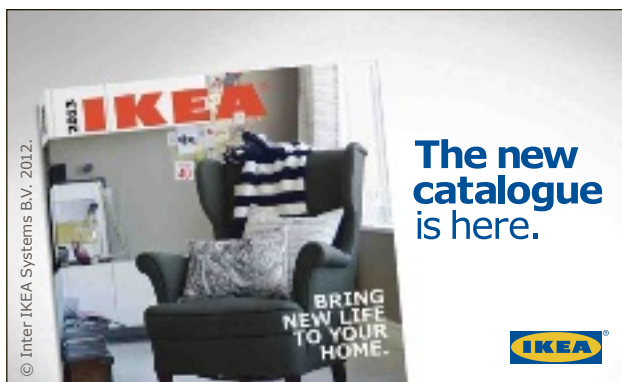


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Struggling for The Words has been a common movie theme



Bill Murray and Johnny Depp both hung out with Hunter S. Thompson, pictured here, to get the gonzo journalist's character down.
FRAZER HARRISON/GETTY IMAGES

Familiar role. Bradley Cooper takes on a character that many have tried to capture before

RICHARD CROUSE
scene@metronews.ca

It should come as no surprise that there are dozens, if not hundreds of movies about writers. After all, who is coming up with the ideas for these movies? Writers! The very people who put pen to paper, or fingers to keyboards, and come up with the ideas that are the building blocks of film.

This weekend *The Words*, starring Bradley Cooper, Denis Quaid and Zoe Saldana, is the latest movie to explore the process of putting words in the right order.

Woody Allen has featured writers in many of his movies — Meryl Streep plays a writer in Manhattan, in *Midnight in*

Paris Owen Wilson portrays a screenwriter visiting Paris — but *Deconstructing Harry* features his most vivid portrayal of a tormented author. Woody plays a novelist with writer's block whose characters come back to haunt him.

"I'm a guy who can't function well in life but can in art," he says.

David Cronenberg's *Naked Lunch* is probably the most hallucinatory look at the writing process ever put on film. How strange is it? Type-writers turn into bugs, that's how weird it is.

To get into the character of Hunter S. Thompson for *Where the Buffalo Roam*, Bill Murray hung out with the Gonzo journalist. In preparation for *Fear and Loathing in Las Vegas*, Johnny Depp did the same thing, which led to a friendship that lasted until the writer's death. "He knew I worshiped him," said Depp, "and I know that he loved me, so he may have been part father figure, part mentor, but I'd say the closest thing is brothers. We were like brothers."

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Michael Jackson

Jackson was a 'mess' during tour preparations

Michael Jackson was reportedly a mess during preparations for his This Is It tour in the weeks leading up to his death, according to 250 pages of emails between executives for AEG, the tour's backer, obtained by the L.A. Times. "MJ is locked in his room drunk and despondent," AEG's

Randy Phillips writes. "I [am] trying to sober him up." Phillips' attempts to get the singer to work apparently didn't go well: "I screamed at him so loud the walls are shaking," he writes. "He is an emotionally paralyzed mess riddled with self-loathing and doubt now that it is show time."

More ink for Biebs

Justin Bieber's tattoo addiction continues, as the 18-year-old singer debuted his latest work, a small crown on his chest, in a shirtless photo on Twitter. Bieber's other numerous tattoos include a portrait of Jesus on one leg and a pair of praying hands on the other, the Hebrew word for Jesus on his rib cage and the word "believe" on his forearm. The crown marks Bieber's seventh tattoo. He also took the chance to tease himself for posting so many topless photos of himself on Twitter, writing, "I'm thinking to myself 'wow really justin 3 shirtless pics in 3



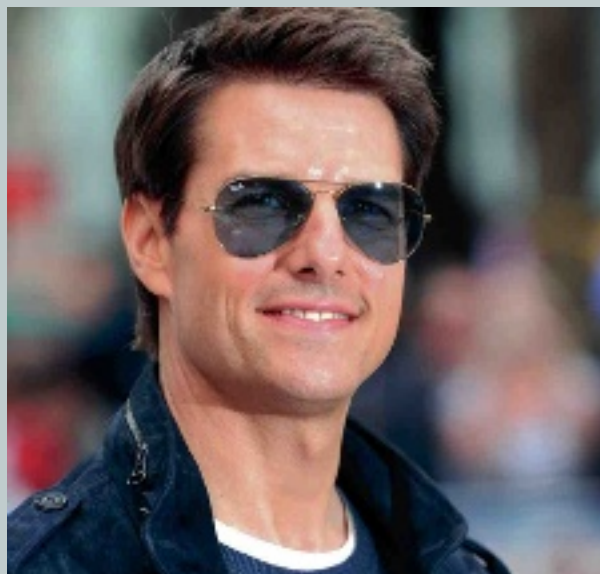
Justin Bieber

days' who do I think I am a young [Mark Wahlberg]?"

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Cruise too good for OKCupid

THE WORD
Monica Weymouth
scene@metronews.ca

Although Tom Cruise's reps have dismissed Vanity Fair's latest cover story as "lies designed to sell magazines," writer and director Paul Haggis has come out in support of the article, which alleges that the Church of Scientology acts as Cruise's creepy personal dating service.

In a letter to entertainment website Showbiz 411,

Haggis, a former Scientologist, confirms that the church thoroughly vetted Iranian actress Nazanin Boniadi in 2005, then ostracized and humiliated her when she wasn't deemed a suitable wife for the actor.

"I was deeply disturbed by how the highest-ranking members of a church could so easily justify using one of their members; how they so callously punished her and then so effectively silenced her when it was done," Haggis writes. "It wasn't just the threats; they actually made her feel ashamed, when all she had been was human and trusting."

We're not sure what's so wrong with trusting, but human? Definite Cruise deal-breaker.



Minka Kelly

Minka Kelly rekindling romance with Human Torch

Avengers star Chris Evans and Minka Kelly have reportedly begun dating again, rekindling their romance that flickered briefly in 2007, according to Us Weekly.

"She did a number on him back then," a source says. "But she reached out to Chris this time." In the meantime, the actress dated

New York Yankees star Derek Jeter from 2008 to 2011.

While the pair have reportedly been hitting the town in Boston and New York in the past month, Evans' friends hope he takes it slow: "He's still a little insecure, so he's being cautious," a pal tells the magazine.

Twitter



@kevinbacon

Me and my boy don't often do the suit and tie thing but weddings are a chance to dapper up!



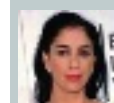
@SandraBernhard

in lieu of shabbat i'll be listening to bon jovi's living on a prayer.



@JerrySeinfeld

Gotta go..



@SarahKSilverman

Gonna see what comes up when I google "Hitler fan fiction" Stand by

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Photo courtesy of Steve Clee, Chester, UK

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3 LIFE

14

TRAVEL

metronews.ca
Wednesday, September 5, 2012

Sure, the unofficial end of summer has passed but that doesn't mean you aren't still dreaming of a little beach time. You don't have to be a Hollywood megastar to vacation on your own private island. For the price of a night in a four star hotel, or less, you can live like Branson.

EMMA E FORREST
travel@metronews.ca

Wilson Island, Australia

Where? Great Barrier Reef, Queensland, Australia
What? This tiny tropical coral dot of sand in the Great Barrier Reef is probably the most romantic campsite in the world, with six luxury tents placed steps away from silvery sands that melt into the azure sea where you can explore a whole reef full of colourful marine life. Spend all day languishing in a hammock, go snorkeling or kayaking and by night compare notes over a moonlit dinner of fresh fish in the communal dining area.

For how many? 12
Exclusive rental? From \$391 each per night, including all meals and drinks.
wilsonisland.com.au, Book through tailor-made.co.uk.



5 private islands

Fort Clonque

Where? Alderney, Channel Islands, United Kingdom
What? If you're looking for character in your private island then this pocket-sized historic fortress is a great one, linked by a causeway to the island of Alderney in the Channel Islands, about 24 km from the north-eastern tip of France. Fort Clonque was built on a group of rocks just off Alderney in the mid-19th Century and discovered by Hitler in 1940 who re fortified it with a vast casement for a huge gun, which was transformed into an elegant bedroom when it was refurbished in the late 1960s.
For how many? 13
Exclusive rental? \$1,000 for four nights self-catering. landmarktrust.org.uk



Fowl Quay, Bahamas

Where? Exumas, Bahamas
What? Make like Johnny Depp with your own private Bahamas island hideaway. This 50-acre family-owned retreat has six luxury one-, two- and three-bedroom ocean-facing villas each with amazing views over the crystalline azure sea, and their own motorboat to explore it with. Book the island exclusively and you can loaf on a different secluded silvery beach each day, snorkel in the



local reef and sip cocktails.
For how many? 26
Exclusive rental? \$450 each per night including international flights to Nassau, all meals, drinks, watersports, personal motorboat and golf cart.
fowl-cay.co.uk.

Orca Island, USA

Where? Humpy Cove, Resurrection Bay, Alaska
What? Come to this pristine corner of Alaska for a serious digital detox and commune with nature: this place is off-grid, so there's no mobile phone signal and each of the five cabins here is solar-powered. You're far from roughing it, though. Each self-catering cabin has a bathroom, luxurious queen bedroom and kitchen. There's even a barbecue on the deck, so you can cook freshly-caught salmon while you look out for local sea lions, puffins, seals and migratory whales. Spend your days kayaking, hiking, fishing or just chilling out in this Alaskan wilderness.
For how many? 20
Exclusive rental? From \$176 each per night including lodging, water taxi to the property, unlimited use of kayaks, row-boat and fishing gear.
orcaislandcabins.com



Ariara, Philippines

Where? Calamian Islands, Palawan, Philippines, 250 km South-West of Manila.
What? This unspoiled 125-acre tropical island is run like the millionaire's retreat that it is. Hire it exclusively and you'll stay in this luxurious haven with 30 members of staff including a manager to keep things running smoothly, a PADI Dive Instructor to take you swimming with turtles and a personal chef

to cook you lobster fresh from the sea. Spend days drinking cocktails on the silky white sand beach, snack on fruit picked on the island, snorkel in your own private protected reef or use some of the water-sports toys. **For how many?** 18
Exclusive rental? From \$295 each per night low season for a group of 15 to 18 guests including all meals, and two dives per person.
ariara.com, dresortgrenadines.com

On the web



Lincoln Memorial reflecting pool in Washington has reopened after 2-year, \$34M reconstruction

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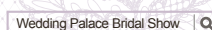
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Pro tips for beating jet lag

Advice. We ask an expert — a cabin crew member, who gives us tips for adjusting to new time zones

DOROTHY ROBINSON
travel@metronews.ca

Travelling the world is exciting. The jet lag that comes with it, however, is not. Although traversing numerous time zones to get to an exotic locale is unavoidable, the sleepiness and disorientation that come with it can be lessened. And who would know better than someone who deals with jet lag regularly for work? Richard Kleck, a cabin crew member on Emirates' A380 fleet, shares his advice.

So you travel all the time. What's the worst jet lag you've ever had?

The most challenging jet lag I've experienced would be one that includes two stopovers, such as Singapore and



This guy ate before the flight. THINKSTOCK

then on to Brisbane. Just as your body adjusts to one time zone, you have to up and leave for another — and then finally return to home and acclimate again.

What are some tips you've found to combat jet lag? One expert has recommended wearing sunglasses at night.

Drink plenty of water during the flight. My best advice is to go back to basics — appreciate your body and stay healthy. If my body's telling me to sleep, I do, and I make sure I get lots.

How do you readjust once you get home? Getting a good night's sleep of at least eight hours is what

helps me to refresh and readjust once I return. Let your body dictate your pace, but it's important to try and get back to your routine, whatever that may be, as soon as possible. Once a sense of normalcy sets in, shrugging off that jet lag becomes so much easier.

So what are some solutions?

Plan your sleeping and eating schedule prior to your flight. For example, if you know you will be on an evening flight, I often suggest preparing to eat dinner before the flight (not something heavy, avoid fried foods, for example), so that they may simply get on board and sleep without interruption.

If it's a long flight, get in

tune to the time of your arrival.

Adjust your sleeping and eating during your flight accordingly.

When passengers ask me how to combat jet lag, while still wanting to enjoy our wine list, I always suggest alternating their beverage of choice with a glass of water. Also: avoid caffeine.



Chef Mark McEwan & Chef Corbin Tomaszeski

celebrate the flavours of the
ISLAND

This September, Prince Edward Island hosts the world with the Fall Flavours Festival. It's your chance to see Food Network celebrity chefs like Susur Lee, Michael Smith, Mark McEwan and Corbin Tomaszeski bring all the favourite flavours of PEI to life as they host, cook and participate in culinary events across the Island.



For full event listings and to reserve your spot at the table, visit tourismPEI.com/flavours



Europe. In Canada

Want a Euro-feeling vacation without the trans-Atlantic flight? Here are three picks in our own backyard.

PAT HEALY
travel@metronews.ca

Montreal

Montreal could be the most vibrant, least intimidating city in North America. And it's all in how it's mixed. Residential areas sit in streets just behind main thoroughfares, and mainstream shops sit on the same blocks as secondhand stores, start-up art galleries and decadent nightlife destinations.

To see and stay: Though the Old Montreal neighbourhood houses more touristy shops than the newer part of the city, the decor of the area is faithful to its heritage and allows for the flourishing of architecture that dates back to the 1600s. Experience this history by staying at Le Petit Hotel, a cosy 24-room boutique hotel housed in a 19th century building. It's just blocks away from the Notre-Dame Basilica, built in the 1820s.

To do and eat: The best way to get around the city and see as much as possible is to use Montreal's enviably comprehensive Bixi system. With bicycles set up in 411 different locations around the city, you're able to rent a bike for a half-hour at a time to check out all the shops on the hill. Plus, the city is so bike-friendly in its road design that you can feel relatively safe zooming down St. Urbain. There are many top-notch restaurants, but we recommend Café Du Nouveau Monde (tnm.qc.ca) and Nora Gray (noragray.com).



Montreal gets cold quick, so if you're going to go, go now! THINKSTOCK

Quebec City

To see: An indisputable part of Quebec City's charm is its location on the St. Lawrence River. To fully appreciate the view, hop aboard any of the boats available from Croisieres AML (croisieresaml.com/en). The hour-and-a-half option provides glimpses of the iconic Chateau Frontenac and Montmorency Falls, which at 275 feet high are nearly 100 feet higher than Niagara Falls.

To eat: Quebec City has hundreds of restaurants in its Upper Town and Lower Town areas, most of which offer outdoor dining for maximum people-watching and maximum European feel as you sip by the cobblestone streets. However, a restaurant called Le Cercle (le-cercle.ca) in the city's Saint-Roch district is worth a trip off the beaten path. Antique lightbulbs dangle from the ceiling and artsy films are projected on the wall, but the arts it truly excels at are the sommelier and culinary arts. Entrust your taste buds to the experts and order La Mania; the cooks deliver a multi-course meal based on what's in

15 minutes in a steam room or hot tub, dip in a colder pool or the nearby lake quickly and then chill out in one of the ultra-comfortable double-hammocks hanging between the trees. The village at Mont Tremblant may feel like it was made by the same people who brought you the Christmas Tree Shop, but you'll forget that as soon as the food arrives at Aux Truffes (aux-truffes.com).

Mont Tremblant

Mont Tremblant is a bit of a detour between Montreal and Quebec City, but it's worth it just to experience the magical relaxation available at the Scandine Spa (scandinave.com/en/tremblant). It's not just the massages that make a trip here a must after hiking up the mountain, skiing or riding the ziplines (tremblantactivities.com). What

makes this spa so special is its prescribed hot/cold/cool down program. You spend

We recommend the pan-seared scallops or the Quebec Boileau's red deer fillet.

season, and the bar staff perfectly pair drinks with it.



Quebec City has plenty of old-world charm. THINKSTOCK

The sound of music, in B.C. wine country

Growing concert scene. Musicians and fans are learning there's nothing better than a pretty venue and a glass of wine

When the president of Cedar Creek Estate Winery first started hosting concerts at his Okanagan vineyard and inviting musicians to perform there nine summers ago, many prominent Canadian artists wouldn't give him the time of day.

After all, a 350-seat venue — a pavilion under the open sky and surrounded by rows upon rows of lush green grape vines, no less — hardly seemed like an attractive offer to the agents of singers such as award-winning Canadian singer-songwriter Chantal Kreviazuk, who is used to performing at larger venues, said Gordon Fitzpatrick.

"The first concert we did, we didn't even have chairs, people brought blankets," he said, laughing. "My son, who wasn't very old at the time, still hasn't forgiven me . . . the band was a bunch of middle-aged women with harps." Cedar Creek has come a long way since that summer, when Fitzpatrick decided he wanted to follow the footsteps of wineries in Wash-

ton state and in California's Napa Valley and start offering concerts, too. Over the years, he has hosted Jim Cuddy of Blue Rodeo three times, and Chantal Kreviazuk performed this summer at the winery's pavilion for the second time. This year's Polaris Music Prize nominee Kathleen Edwards was also a guest a few years ago.

It was the exquisite wine offerings, the stunning Okanagan scenery, summer weather and the intimate and interactive venue that convinced them all to come, said Fitzpatrick.

Those same elements, plus the relaxing atmosphere, the romantic ambience and great music, are also drawing plenty of locals and tourists to British Columbia's wine country every year.

"You can imagine a glass of Cedar Creek Pinot gris in one hand, and listening to Chantal Kreviazuk, it makes for a very memorable evening," Fitzpatrick said.

Every year the winery hosts several concerts in the summer, and all proceeds go



Chantal Kreviazuk performed at Cedar Creek Estate Winery in Kelowna, B.C., in August. HANDOUT, THE CANADIAN PRESS

to Kelowna's Rotary Centre for the Performing Arts.

Fitzpatrick says concert tickets, which range from \$50 to \$95 each, tend to sell out within two or three days. Wine sales also go up significantly during performance days.

"We do \$5,000 or \$6,000 worth of busi-

ness on a regular week day at the winery during the summer," he said.

"We come close to doubling that on concert evenings just on wine sales." But the Kelowna winery isn't the only one in B.C. to

host musical talent and benefit from the resulting spike in wine and dinner sales during the summer. Many others in the Okanagan Valley do so as well, and the concerts attract tourists from the Interior, Metro Vancouver, Alberta and as far away as Europe, said B.C. Wine Institute chair Josie Tyabji.

"It's really the next evolution in offerings of the arts and cultural experience of the wine industry," she said. "How the industry basically started out was with winery visitations, tours and tastings. As the industry began to mature, we saw more opportunities to integrate different experiences."

Mission Hill Family Estate Winery in west Kelowna boasts a 1,000-seat, dramatically sloped amphitheatre. Since the property is located in a valley, the sound quality is second to none, according to Kelowna-based arts critic Glenna Turnbull.

For at least \$90 a ticket, visitors can watch artists such as Grammy nominee and award-winning jazz artist Chris Botti perform against the backdrop of the vineyard, the pristine Okanagan Lake, the Coast Mountains to the west and the Monashee Mountains to the east, and of course, the brilliant orange glow of the setting sun.

"There's just something magical about being outside on an Okanagan evening and staring out into the lake and listening to good music and drinking good wine," said Turnbull.

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Are you ready to explore the Adirondacks? MARY ESCH/THE ASSOCIATED PRESS

Cruise down the Adirondack waters

New guide. Book offers paddle aficionados an insider's look at the best trips in this mountain range

A new guide to flatwater paddling in the Adirondack Park offers canoeists and kayakers a diverse selection of adventures, from remote, winding streams to broad lakes reflecting spec-

tacular mountain vistas.

Adirondack Paddling: 60 Great Flatwater Adventures, will be available early this month from Lost Pond Press and the Adirondack Mountain Club. It describes day trips and multiday backcountry camping excursions for paddlers of all abilities, from beginners to seasoned explorers. It was written by Phil Brown, editor of the Adirondack Explorer news magazine and avid canoeist, hiker and rock climber.

"We asked Phil to do this book because we felt there was a need for a guide to the best paddling opportunities from every corner of the Adirondack Park," said Neil Woodworth of the Adirondack Mountain Club. "We also wanted to update Paul Jamieson's wonderful classic, Adirondack Canoe Waters. Jamieson's book had more of a river-running emphasis, though; we wanted a purely flatwater guide."

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| Orlando Family Special | \$450* |
| Air + 7 Nights + Car Orlando Continental Plaza incl \$128 base + \$322 taxes & fees INCLUDES airfare from Montreal, and accom near theme parks with 7-day car rental. Price per person based on family of 4. Departs Sep 28/vth/c6. ADD Walt Disney World Resort 4-day Magic Your Way Base Ticket for \$287/adult, \$268/child (ages 3-9). | |
| California Air + Car | \$649 |
| Alamo Car Rental incl \$511 base + \$138 taxes & fees INCLUDES airfare into San Francisco, return from San Diego and 7-day car rental with unlimited mileage. Departs Oct 10/ggv/ac. | |
| Vancouver Thanksgiving Weekend | \$712 |
| Air + 3 Nights The Empire Landmark Hotel incl \$545 base + \$167 taxes & fees INCLUDES West End accom. Departs Oct 5/ggv/ac. ADD Aquarium admission for \$28. | |
| New York Air + 3 Nights | \$778 |
| Hotel Beacon incl \$649 base + \$129 taxes & fees INCLUDES Manhattan accom on the Upper East Side. Departs Oct 8, 15/ggv/aa. ADD Empire State Building entry for \$21. | |

Vacations

| | |
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| Prague | \$1293 |
| Air + 7 Nights 4-Star Ariston Hotel incl \$731 base + \$562 taxes & fees INCLUDES accom near the Old Town. Departs Oct 15/ggv/kl. BONUS daily breakfast included. ADD Valtava River cruise for \$36. | |
| Shanghai Air + 6 Nights 4-Star | \$1219 |
| Jin Jiang Jin Sha Hotel incl \$781 base + \$438 taxes & fees INCLUDES Zhabei area accom near the central rail station. Departs Nov 14/ggv/dl. | |
| Buenos Aires Air + 8 Nights | \$1509 |
| Waldorf Hotel incl \$939 base + \$570 taxes & fees INCLUDES accom near Florida Street and San Telmo. Depart Nov 6/ggv/ua. UPGRADE to 4-star El Conquistador Hotel for \$25 per night. ADD city tour for \$17. | |
| Melbourne Air + First 4 Nights | \$2034* |
| Great Southern Hotel incl \$1126 base + \$908 taxes & fees INCLUDES airfare from Montreal and accom near sights and attractions. UPGRADE to 4-star Amora Hotel Riverwalk for \$34 per night. ADD Penguin excursion from \$110. | |
| Egypt Air + 9 Nights | \$2065 |
| Marriott Sharm El Sheikh, President Hotel incl \$1332 base + \$733 taxes & fees INCLUDES airfare to Cairo, 5 nights 5-star accom in Sharm El Sheikh, 4 nights in Cairo. Departs Nov 12/ggv/ac. ADD Nile River Cruise for \$130. | |

All-inclusive Vacations

| | |
|--|---------------|
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| Jamaica 7 Nights 4-Star | \$750* |
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| Riviera Maya 7 Nights 4-Star | \$799 |
| Occidental Grand Xcaret incl \$481 base + \$318 taxes & fees Departs Oct 22/acv/ac. | |
| Honolulu Air + 7 Nights | \$1085 |
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Back-to-school breakfast gets Blueberry-Banana Waffle boost

The best way to start the day is with a good nutritious breakfast, and you can't get much more fun in the morning than with waffles.

This recipe can easily be made in a big batch, days ahead and frozen. During busy Monday to Friday mornings, just pop frozen home-made waffles in the toaster for a grab-and-go breakfast for the kids. Children will probably only eat half a waffle.

Serve them with pure Canadian maple syrup, honey, jam or even yogurt.

If you don't have barley flour, you can substitute with the same amount of all-purpose or whole wheat flour.

Ingredients

- 1-1/2 cups (375 ml) all-purpose flour
- 1/2 cup (125 ml) barley flour
- 1/4 cup (50 ml) wheat germ
- 2 tbsp (25 ml) granulated sugar
- 1 tbsp (15 ml) baking powder
- 1/2 tsp (2 ml) baking soda
- 1/2 tsp (2 ml) salt
- 1 cup (250 ml) buttermilk
- 2 eggs, beaten
- 1/4 cup (50 ml) butter, melted
- 2 ripe bananas, mashed
- 1 cup (250 ml) blueberries (if using frozen, blueberries should be thawed and drained)

1. In bowl, whisk all-purpose flour, barley flour, wheat germ, sugar, baking powder, baking soda and salt. In another bowl, whisk together buttermilk and eggs. Combine wet and dry mixtures; stirring to combine. Fold in butter.

2. Fold in bananas and blueberries until blended.

3. Fill your waffle iron with approx 1 cup (250 ml) of batter per waffle. Cook until golden and cooked through, about 5 minutes. Transfer waffles to baking sheet and keep warm in 200 F (100 C) oven until ready to serve.

Blueberry-Banana Waffles



This recipe makes four large waffles. EGG FARMERS OF ONTARIO

4. Keep waffles in one layer to keep crisp. Continue with step 3 until remaining bat-

ter is finished. If freezing, let waffles cool completely, double wrap in plastic wrap,

label and freeze for up to 3 weeks.

EGG FARMERS OF ONTARIO

Drink of the Week

Caramelized Brown Sugar Banana Milkshake

- 1 tbsp butter
- 2 tbsp brown sugar
- 2 bananas, peeled and halved lengthwise
- 2 cups milk
- 1 cup vanilla ice cream
- 1/2 tsp cinnamon
- Pinch of salt

In skillet over medium heat, melt butter. Sprinkle in brown sugar and stir until bubbling. Add bananas, reduce heat to low and cook 3 mins., or until evenly browned. Use spatula to turn bananas and brown on other side for 3 mins. Remove skillet from heat and let cool 15 mins. Once cooled, use silicone spatula to scrape bananas and any liquid and caramelized bits in the skillet into a

blender. Add milk, ice cream, cinnamon and salt. Purée until very smooth.

THE ASSOCIATED PRESS



Nori Red Pepper Omelette. Punch up the flavour of this morning favourite



1. Crumble or cut the nori into small pieces. In a medium bowl, combine the nori and eggs. Beat well, mixing in 1/2 teaspoon each of salt and pepper. Set aside.

2. Use paper towels to blot away as much moisture as possible from the red pepper. Cut it into small chunks.

3. In a medium skillet over medium-high, melt the butter. Reduce the heat to medium and add the egg mixture. Cook until the bottom is firm, about 4 minutes.

4. Scatter the red pepper and scallions evenly over half of the egg. Sprinkle the cheese over the vegetables. Use a spatula to carefully lift the other half of the omelet and gently flip it

over onto the fillings. Cover the pan and cook for another 6 to 7 minutes.

5. When the eggs are set at the centre and the cheese has melted, cut the omelet in half and season with salt and pepper, as needed.

THE ASSOCIATED PRESS

Ingredients

- 2 sheets nori seaweed, toasted
- 6 eggs
- Salt and ground black pepper
- 1 roasted red pepper
- 1 tbsp butter
- 2 scallions, finely chopped
- 1/4 cup grated Parmesan cheese

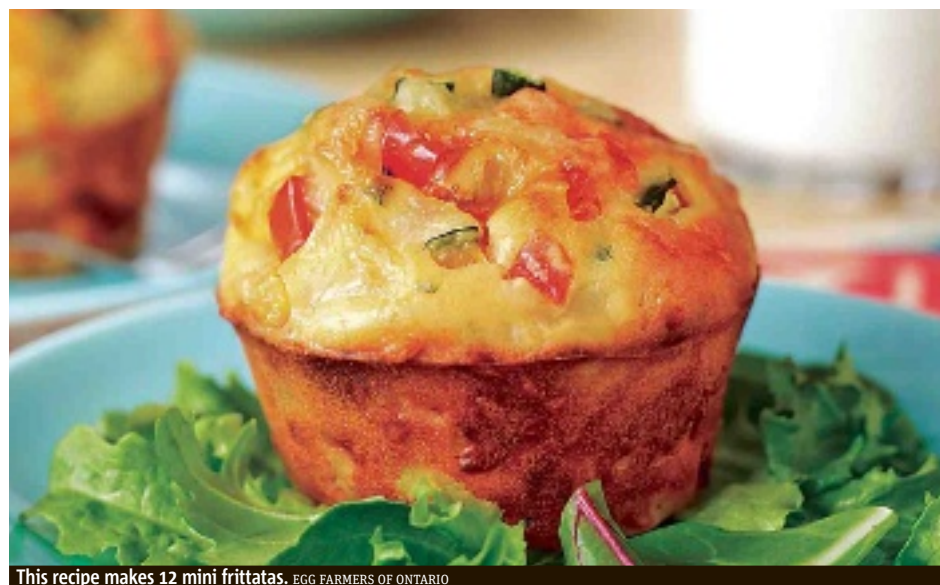
Muffin Frittatas: Start your day right — even on the run

September is a busy month! It is that time of year for families to get back to schedules, school and activities.

These frittatas are made in muffin tins for an easy grab-and-go, or sit down friendly. The perfect portions are packed with protein from the eggs and vegetables. Pack them in your child's lunch for

Ingredients

- 30 ml (2 tbsp) butter
- 1 onion, chopped
- 2 ml (1/2 tsp) dried oregano
- 2 ml (1/2 tsp) salt
- 2 ml (1/2 tsp) freshly ground pepper
- 1 sweet red pepper, seeded and chopped
- 1 small zucchini, chopped
- 1 tomato, chopped
- 125 g (4 oz) chopped smoked turkey (about 125 ml/1/2 cup)
- 375 ml (1 1/2 cups) all-purpose flour
- 10 ml (2 tsp) baking powder
- 175 ml (3/4 cup) 2 per cent milk
- 4 eggs
- 500 ml (2 cups) shredded Swiss cheese
- 45 ml (3 tbsp) minced fresh parsley (optional)



This recipe makes 12 mini frittatas. EGG FARMERS OF ONTARIO

a change from a sandwich.

1. In a large skillet, heat butter over medium-high heat; add onion, oregano, salt and pepper. Cook, stirring, until onion is softened, about 3 minutes. Add red pepper and zucchini; continue cooking until vegetables are softened, about 4 minutes. Remove from heat and stir in tomatoes and smoked turkey. Set

aside.

2. Meanwhile, in a large bowl, whisk flour and baking powder together. In another bowl, whisk milk and eggs. Stir dry and wet ingredients together. Fold in vegetable mixture, cheese and parsley, if using. Stir gently to combine.

3. Using a 125-ml (1/2-cup)

measure, fill 12 paper mini-muffin cups placed in a muffin tin.

4. Bake in a 220 C (425 F) oven until puffed, firm and golden, about 25 minutes. Let cool slightly before removing from tin. (Make-ahead: wrap individually and refrigerate for up to 3 days; re-warm as needed.)

EGG FARMERS OF ONTARIO

Working environment

It's getting easier to be green. Get to know how going to work can better the world around you

ISHANI
NATH

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Some say you only have two options in life: go big or go home. But when it comes to the environment, the only option may be to go green so we can have a home for years to come.

Whether you believe in climate change or not, the fact is that we have treated Mother Earth worse than that ratty old teddy bear from your childhood.

We've neglected her, put her through the ringer, and destroyed her with chemicals and toxins to the point that she's in need of a solid repair job.

While climate change may be impacting the entire globe, each country is reacting to environmental shifts differently.

What exactly is a "green job"?

Green jobs in Canada are still in their awkward teenage years — they're still trying to figure out exactly who and what they are.

According to a report by

A friendlier future

While the green industry may still be trying to figure out its identity, it is growing up quickly.

- According to the 2006 census, the current green workforce is made up of approximately 640,000 Canadians and equals four per cent of our country's total labour force.



Green employers have listed keeping up to date on green trends and issues, and specific environmental training or education as skills that will be in high demand over the next few years. ISTOCK

the Organisation for Economic Co-operation and Development (OECD), countries such as Germany, Finland, Korea, Portugal and, most recently, the United States have officially defined what is considered a "green job" in their nations and thereby recognized their growing environmental sectors.

Canada, on the other hand, still has some growing up to do. What constitutes a "green job" in our home and native land is currently undefined, so the term tends to encompass the various industries and occupations that deal with the environment.

For lack of official national definitions, ECO Canada recently defined a number of green career terms in their Defining the Green Economy:

Labour Market Research Study.

Here are some of the key terms from that study that every student and recent grad who is planning to start a green career should know:

Green economy

All activity operating with the primary intention of reducing conventional levels of resource consumption, harmful emissions, and minimizing all forms of environmental impact. The green economy includes the inputs, activities, outputs and outcomes as they relate to the production of green products and services.

Green organization

An organization (in any industry) that produces goods or services designed to minimize environmental impact.

Green job

A job that works directly with information, technologies, or materials that minimize environmental impact, and also requires specialized skills, knowledge, training, or experience related to these areas.

Green skills

The knowledge, training or experience as they relate to technologies or materials that minimize environmental impact.

ISHANI NATH IS A PROUD MCMASTER UNIVERSITY ALUMNAE, ASPIRING WRITER AND CURRENT JOURNALISM GRAD STUDENT AT RYERSON UNIVERSITY.

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Student Voice

'Just having a degree won't cut it in the real world'

Lisa Bui
Student
International Relations
University of Calgary

TalentEgg.ca

The degree that I am currently studying to obtain, International Relations at the University of Calgary, is a very vague designation. People either scratch their heads at my program or assume we will all funnel into jobs at the United Nations. Since my degree is limitless, I don't have a clear direction of what career I truly want to pursue, though I favour the non-profit or the public sector.

Rejection always hurts. I used to send out 10 emails on a job hunting day, attached with uniquely addressed resumes and cover letters, and if I was lucky, I would receive two emails stating they had already selected someone else for the job. If I happened to be unlucky, I received not a single reply. These were entry-level positions that would hire high school students and post-secondary students.

I realized I was knocking on all the wrong doors and, more importantly, realized it was who I knew that could aid my job search. I had been an active volunteer for the Canadian Red Cross and I was selected to attend a Government of Alberta non-profit

sector conference, Vitalize. At that conference, I received information about an internship program that was exclusively with non-profits. Then I successfully obtained an internship at TELUS Sparks as an Education Module Developer, where I used the experience to develop skills for a possible career in project management.

Where I am now

I am entering my third year at the University of Calgary. I will be juggling my studies while volunteering for the Canadian Red Cross as President of the University of Calgary Red Cross Club.

My advice for students

Advancing your career will largely depend on who you know. Networking skills are invaluable; rather than trying to be interesting, be interested in your co-workers, employers and organization. Also, find out your strengths and apply for jobs that match your skills with their assignments. Companies hire people for what they can do — not for what they can't. Lastly, just having a degree won't cut it in the real world. Gain experience by volunteering or a meaningful internship and you can jump into mid-level positions rather than entry-level positions.

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Work outside the box. Check out these five fascinating green jobs for new grads

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Glaciologist

You always see them in the sad climate change commercials, tumbling down from their icy peaks and crashing into the water below. Well, those frozen mountains are more than the Earth's natural ice cubes — they are glaciers, and they play a key role in regulating the environment.

Of course, as a glaciologist, you would know all about that. This job is not office work. Glaciologists study the physical properties, movement and effects of snow on behalf of government departments, parks, research institutes, and consulting firms.

Starting salary: \$36,000 to \$41,800

- Specialists in this area typically have strong backgrounds in science and math, and possess at least an undergraduate degree. The majority of positions also require research and a master's degree in areas such as geomatics, geography, climatology, physics, or environmental earth sciences.

- Outside of academics, many glaciologists are also often certi-

Searching for success

Where are all the green jobs in Canada?

- Ontario: 37%
- Quebec: 23%
- British Columbia: 14%
- Alberta: 12%



How can you help but smile when your career is caring for the earth? ISTOCK

fied in mountaineering, climbing and wilderness travel given the unique physical requirements of the job.

Environmental reporter

If you want to be the one sharing the most up-to-date climate changes with the world, then working as an environmental reporter is where you need to be.

These journalists gather important environmental information and relay it to the public through print, video, online, radio and all other media. It's a highly competitive market so, to be successful in this area, you'll have to be passionate, curious and extremely dedicated to not only finding the story but being the first one to break the latest environmental news.

Starting salary: \$19,000

- All journalists need strong communications skills, but to specialize as an environmental reporter, you must also have an understanding of biology and social studies. Graduates with degrees in journalism, communications or environmental studies are well positioned to work in this field.

- In particular, if you have an undergraduate degree in a scientific field and a master's degree in journalism, you are uniquely qualified for this role.

Ecotourism Operator

One of the best ways for people to start caring for the environment is for them to experience nature first hand. Enter the eco-

tourism operator.

These workers love the environment and share their passion with clients and tours teaching people about an area's natural and cultural history

Facts of life

Go for the green

- 44% of environmental employers plan to hire workers in the next two years, either to augment their work force or to replace workers who leave
- 100,000 environmental employees will retire within the next decade

and how it can be preserved for future generations. These eco-leaders tend to work with school programs, tourism bureaus, universities or colleges, vacation resorts, park reserves and really anywhere that there are environmental issues and people willing to learn about them.

Starting salary: \$23,000 to \$28,000

- Though you can technically pursue this career path right out of high school, employees in this field stand to earn more with a higher level of education. Students with degrees in ecotourism, outdoor recreation, parks and forestry, biology, geography or environmental studies are well suited for this position.

- However, the most important skill for those interested in this line of work is strong communication and interpersonal skills. After all, a boring tour guide makes for a boring tour.

Science teacher

While most people think of their science teacher as the person who force fed them the Krebs cycle or made them dissect a frog against their will, these fine educators can also shape the way that future generations think about the environment. Science teachers have the power to work green lessons into their curriculum, exposing students

to the different issues and science at work in the environment.

Starting salary: \$46,000

- Science teachers must get at least a bachelor's degree in education with a concentration in two areas of science or mathematics.

- Teachers must be certified to teach in Canada and, in many areas, must also become a member of the provincial or territorial teachers' association.

Environmental health officer

Green jobs often consider the health of our ecosystems, but what about these ecosystems impact on the health of Canadians? Environmental health officers work to protect public health by doing everything from inspecting food facilities to implementing disease control. Ultimately, these workers focus on making sure that our environment stays safe for the Canadian public.

Starting salary: \$35,000 to \$50,000

- The minimum requirement to work as an environmental health officer is typically an undergraduate degree concentrating environmental health. ECO Canada recommends the programs at Ryerson University, British Columbia Institute of Technology, Concordia University College of Alberta, Cape Breton University and First Nations University of Canada. Employees in this field must also be certified with the Canadian Institute of Public Health Inspectors (CIPIH).

ISHANI NATH IS A PROUD MCMASTER UNIVERSITY ALUMNAE, ASPIRING WRITER AND CURRENT JOURNALISM GRAD STUDENT AT RYERSON UNIVERSITY. TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.



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Looks like the temp is going up

Temporary to permanent. Temp positions can be a great introduction

JULIA WEST
life@metronews.ca

As you may have noticed, permanent, full-time positions are no longer the standard in the workplace. Temporary positions are now becoming more commonplace and more beneficial for both employee and employer. Forget the stigma of temp agencies shuffling you around, and erase that

thought of instability — more and more businesses are turning to temp agencies to find their next employee.

Many companies approach temporary positions as a way to get a feel for a worker before committing to them full time. Make the right impression on them, and you can go from temporary to permanent. “The decision to hire a temp that the company has worked with is a lot easier than hiring someone off the street,” says Lahle Wolfe, author of About.com’s Guide to Women in Business.

Don’t think a temp agency is right for you?

Getting to know you

“The decision to hire a temp that the company has worked with is a lot easier than hiring someone off the street.”

Lahle Wolfe

Bob Kovalsky, senior vice president of Adecco Staffing reminds us that they can help just about anyone, “even unique groups, like mature workers, military families and Olympic athletes.”

“Agencies organize their opportunities by region and needs to help connect



More and more companies are turning to temp agencies to find their next employee. ISTOCK

you with jobs that align with your skills and goals,” says Kovalsky. A temporary position is about making it work for you and your specific needs. The fields are practically endless, too. “There are a variety of career opportunities with temporary agencies,” says Kovalsky. “Some popular

areas in need of workers include customer service, IT, industrial and manufacturing, medical, transportation and accounting.”

“Some staffing firms,” says Jennifer Azzolina, vice president at Kelly Services, “partner with the best talent and companies in the world, which provides op-

portunities and exposure to the best of the best.”

If you’re still unsure if a temp agency is worth looking in to, just think about their connections versus your connections. They might be just the people you want to have in your corner when searching for a job.

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For details, contact Anna Singh at singha@algonquincollege.com or 613-727-4723 ext. 7425 or visit GOAlgonquin.com/FallAPM

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ALGONQUIN
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Safety on your cell

Ready for the return.

How to turn your phone into a back-pocket bodyguard

JULIA WEST
life@metronews.ca

When you think of customizable apps for the college crowd, the first thing that comes to mind is rarely public safety.

But that's exactly the goal of Ping4 this fall. Using innovative technologies such as geo-fencing — which allows users to target a specific area — Ping4 enables students to notify others of a dangerous situation. If you witness a mugging, for example, Ping4 lets you tell all other users who are within the area.

You can provide details on what you witnessed, and if you snapped a photo or video of the suspect, that can be shared with your entire network.

"Or how about a missing person," suggests Mike Welts, vice-president of Ping4. "You can share a photo of them and provide a list of details. As time passes, you can increase

the size of your geo-fence, alerting even more people. Rather than an alert that you would only know about if you were on a highway or listening to the radio, you just have to be near your phone to receive that report."

To customize, choose the kind of notifications you want. Non-driving city dwellers may not care about traffic issues, so they can skip those notifications.

Those same people, though, might want to know about the monstrous hail

Quick communication

"Rather than an alert that you would only know about if you were on a highway or listening to the radio, you just have to be near your phone to receive that report."

Mike Welts on the Ping4 app

storm approaching or robberies happening near their dorms.

Study in safety

Dallas Jessup of Just Yell Fire — an organization that empowers young women to protect themselves against violence and abuse — shares her back-to-campus safety tips.

- "Before heading off to or back to college, check if your school has a late-night police escorting system. A lot of colleges will have a number that you can call late at night if you have to walk back alone and they will walk with you to

keep you safe. Find out the number and pre-program it into your cell."

- "Know your limits and values before heading off to college. Despite the fact that legally, if you're under 21, you should not be drinking, a lot of young adults do and therefore it is important to be honest with yourself and know your limits if you find yourself in a compromising situation."

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Come one, come all.
Canadian universities
hope to attract more
diversity to law schools

Going to law school was not something Janine Manning ever dreamed of doing.

"When I was growing up, I was just only ever expected to get my high school (diploma). Like getting your high school was the ultimate goal," said 32-year-old Manning, her voice choking up.

"There was no real push to go to university or go beyond high school because it's not something the generation before me had experience in. Being the first and only person in my immediate family to go to university is quite the accomplishment."

Manning is one of 25 low-income students currently enrolled in a new, free LSAT preparation course at the University of Toronto. Other similarly available courses range from \$500 to \$1,000.

Touted as the first of its kind, the weekly class, which runs from June to October, is taught by a recent law school graduate and covers everything from what to expect during the



Twenty-year-old Chinese student Raymond Zao is preparing to write the Law School Admission Test in October. ISTOCK

half-day test to how to apply for financial aid at a bank.

It's just one example of a number of measures Canadian universities have taken over the years to try to increase diversity in its law school programs.

Alexis Archbold, assistant dean of students for the University of Toronto's law faculty, says schools understand there are many reasons why some people who have academic merit don't pursue a legal education. One of the big reasons is that tuition fees for law school can cost up to \$25,000 a year.

"Legal education is a privilege. It leads to a career that we know leads to leadership opportunities. If you look at politicians, leaders of business — so many of them have law degrees," she said.

"It's important that every-

Opening the door

"It's important that everyone has access to that opportunity. If they want to go into law and assume a leadership role in their society, there should not be obstacles to some people accessing that."

Alexis Archbold, assistant dean of students for the University of Toronto's law faculty

one has access to that opportunity. If they want to go into law and assume a leadership role in their society, there should not be obstacles to some people accessing that."

Manning dropped out of school at age 15 to help her

mother raise the family. She eventually moved to Toronto for better opportunities and spent years working in bars and then 60-hour weeks as a hairdresser.

When her three-year-old son was born, she decided she wanted to go back to school to study aboriginal treaty law.

Manning said getting a law degree would represent a better life for herself, and her son.

"I could take (it) back to my community to let people know ... that life isn't always going to be so hard," she said.

The idea of law school never crossed Raymond Zao's mind either.

His parents, Chinese immigrants who work long hours — his mother at a café and his father as a tour guide — always pushed him to succeed in school but the mounting costs of law school stopped him from pursuing that career path.

This course has allowed the 20-year-old to try to see if he has what it takes to pass the LSATs, without worrying too much about the initial price tag.

"(I was) feeling like I would be overwhelmed by the debt," said Zao, who is spending his summer cleaning offices in the corporate towers in Toronto's financial district to save money.

THE CANADIAN PRESS

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KHL looking to capitalize on possible NHL lockout

Hockey. League looking forward to 'great opportunity' to bring NHL talent to Russia

The Russians are ready.

With time ticking down until the NHL is expected to lock out its players, KHL teams and executives are bracing for a windfall. The Russian-based league will open its arms to NHL players

who wake up Sept. 16 without a place to play because it believes it can capitalize while arenas go dark around North America.

"Mainly I think it's going to be a lot of additional marketing potential for the league and hockey itself as a game," KHL vice-president Ilya Kochevrin told The Canadian Press on Tuesday. "The stars bring additional attention ... to a lot of people who probably don't consider hockey the sport of choice."

Quoted

"I'm pretty sure that if there is a lockout, the KHL can be a definite choice for North American hockey fans."

KHL vice-president Ilya Kochevrin, who said there is "definitely great interest" in the KHL from North American broadcasters in the event of an NHL lockout

"I think as a marketing tool it's a great opportunity."

Most of the top Russians are expected to quickly make their way home if the NHL and NHL Players' Association are unable to reach a new collective bargaining agreement by

Sept. 15. Evgeni Malkin, Alex Ovechkin, Pavel Datsyuk and Ilya Kovalchuk have already been linked to KHL teams.

It will be interesting to see how many top players from other countries join them in the event of a lockout.

Swedish players won't be permitted to play in their homeland after the country's hockey federation announced last month that all contracts must last for the entire year.

Ottawa Senators defence-man Erik Karlsson bemoaned that fact to reporters after a skate with teammates in Ottawa on Tuesday, saying it didn't leave Swedes with many options. "Maybe the Swedish League changes its mind once it gets closer," he added. **THE CANADIAN PRESS**



Top seed Azarenka out-duels defending champion Stosur

Victoria Azarenka returns a shot against Samantha Stosur during their women's quarter-finals match, Tuesday, in New York. Top-ranked Azarenka was pushed to the limit by the defending champion Stosur before winning in a third-set tiebreaker. **ELSA/GETTY IMAGES**

Paralympics. Canada's Mortimer wins 2nd gold

Summer Mortimer has her second gold medal of the London Paralympics, and once again she won in record style.

The Hamilton native won the women's S10 backstroke in a world-record time of one minute 5.90 seconds.

Mortimer also won gold in the 50-metre freestyle event in world-record time last week.

"This feels absolutely amazing," said Mortimer, who also won a silver medal in the 200 individual medley earlier at the Games. "I haven't been that fast since I was able-bodied."

"To be able to beat my



Summer Mortimer on the podium after winning the women's S10 100-m backstroke on Tuesday. **GETTY IMAGES**

times from when I was 14 to 15 years old is amazing."

THE CANADIAN PRESS

Tennis

Raonic to lead Canada's Davis Cup team

Milos Raonic will lead Canada into its Davis Cup tie against South Africa later this month.

The Thornhill, Ont., native, who lost to Andy Murray in the fourth round at the U.S. Open on Monday, will be joined by veteran doubles player Daniel Nestor of Toronto, Frank Dancevic of Niagara Falls and Vancouver's Vasek Pospisil.

The best-of-five World Group playoff is set for Sept. 14-16 at Uniprix Stadium in Montreal. **THE CANADIAN PRESS**

NHL. Luongo prefers being traded to Florida

Roberto Luongo says it just "makes sense" for him to return to the Florida Panthers.

The Vancouver Canucks goaltender, who is awaiting a trade after losing his No. 1 job to Cory Schneider, skated near his off-season home on Tuesday and made it clear during an interview with the South Florida Sun Sentinel that his preference was to return to the Panthers.

"(Florida) makes sense for myself, for my career and my family," Luongo told the paper. "That being said, there's obvious other options as well. This is a preferred location for obvious reasons

Contract

The 33-year-old Luongo has 10 years remaining on his contract at a cap hit of \$5.33 million US and holds a no-trade clause.

but I'm not shutting the door on other possibilities if it comes up."

Luongo spent five seasons in Florida from 2001 to 2006, when he was dealt to Vancouver. He and his wife return to the area every summer with their young children.

THE CANADIAN PRESS

Mobile sports



Murderball remains a calling card for wheelchair rugby years after it was in theatres.

The documentary featuring the Canadian and U.S. teams was a raw, unflinching look at the lives of wheelchair athletes in a sport as laden with testosterone as the able-bodied version. Scan the code for the story.

4 SPORTS

Miami

Dolphins opt to go young at backup QB

Quarterback David Garrard has been released by the Miami Dolphins, leaving Matt Moore as the veteran backup to rookie starter Ryan Tannehill.

Garrard signed in March and climbed atop the depth chart in training camp before he was sidelined by a left knee injury that required arthroscopic surgery Aug. 11. In his absence, Tannehill claimed the starting job for Sunday's opener at Houston.

THE ASSOCIATED PRESS

Buffalo

Bills lose corner Brooks for chunk of season

Bills rookie cornerback Ron Brooks will miss at least eight weeks after being placed on a short-term injured reserve list, and the team also re-signed receiver Ruell Martin on Tuesday.

Brooks, who had surgery to repair a broken foot last week, will be eligible to return this season after being placed on the NFL's newly created IR/designated for return list.

THE ASSOCIATED PRESS

Minnesota



"We recognize if he's able to get in this first ballgame, it'll be with limited exposure."

Vikings coach Leslie Frazier, who said the Vikings would not make a decision on Adrian Peterson's status until game day. The star running back went down with a torn left ACL in the second-to-last game of the 2011 season.

Giants, Cowboys set to rekindle rivalry



Giants quarterback Eli Manning gestures during a game against the Cowboys on Jan. 1 in East Rutherford, N.J. RICH SCHULTZ/GETTY IMAGES FILE

NFL. Champion Giants seek to silence critics while Cowboys want redemption and fresh outlook in 2012-2013

Quoted



"That's what fuels you in the off-season and makes you ... want to remember those moments so you can improve from them."

Cowboys QB Tony Romo on last year's season-ending loss to the Giants

A good start is what is on the line this time when the New York Giants host the Dallas Cowboys in the NFL season opener.

The stakes were much greater the last time the NFC East foes faced off to close the last regular season. New York won to claim the division title en route to the Super Bowl title. Dallas was left out of the post-season.

On Wednesday night at MetLife Stadium in East Rutherford, N.J., the winner will take

the early upper hand in the divisional race.

For the Super Bowl champion Giants, this will be a chance to silence the critics and detractors who have sounded off repeatedly after they beat the New England Patriots in February to claim their second title in five seasons.

The Giants heard it all: They were lucky to get into the playoffs with a 9-7 record. They really didn't beat the Packers or 49ers, they were just handed

the games.

That is now over.

The goal for Tom Coughlin's players is to show they have constructed that bridge the 65-year-old coach urged them to build to link their late-season 6-0 run to the title to the 2012 campaign.

"The leadership we have on this football team, that's going to be the spine of the bridge, if you will," defensive captain Justin Tuck said. "I think we're in a good place as far as where

Cowboys' goals

- Jerry Jones' Cowboys face a much different task after an 8-8 campaign that ended with an embarrassing 31-14 loss to the Giants on New Year's Day.

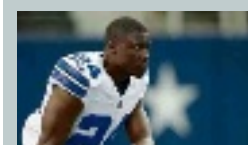
- The outspoken owner knows the window for the aging Cowboys to return to the franchise's glory years are fading fast.

we want to be coming into the game."

The Giants are confident, and they don't care what outsiders are saying about them.

"We've already showed people who we are," safety Antrel Rolle said. "We can care less about that." THE ASSOCIATED PRESS

Three things to watch



Secondary issues

Both teams have questions in their secondary. The Cowboys' was amongst the worst last season, which led to an overhaul. The Giants are missing usual starter, Terrell Thomas (ACL) and his backup, Prince Amukamara, is out with a high-ankle sprain. Could be a high-scoring opener.



Nicked-up Nicks

Giants receiver Hakeem Nicks, who still has some soreness in his surgically-repaired foot, said he has "no doubt" he will be on the field. But how effective will he be? Nicks has had little to no work since breaking his foot on May 24.



Bennett's break out?

Newest Giants' tight end — and former Cowboy — Martellus Bennett gets a chance to prove his old team wrong. Look for a big game from him. METRO

Returning from injury

Steelers planning for Manning to be outstanding

Steelers coach Mike Tomlin expects to see the same old Peyton Manning when Pittsburgh travels to Denver for the season opener on Sunday night.

Tomlin believes Manning will "be at his very best" while playing in a game for the first time since Indianapolis lost in the wild card round of the 2010 playoffs.

The 11-time Pro Bowler missed last season after undergoing neck surgery. He landed in Denver after being released by the Colts.

It's been nine months since the Broncos and Tim Tebow stunned the Steelers in overtime in the wild card round of the playoffs, but this is a rematch in name only. It's more of a coming-out party for Manning, who will wear something other than Colts' blue and white for the first time in the regular season. THE ASSOCIATED PRESS

Quoted



"He needs no endorsement from me. His resumé is his resumé."

Steelers coach Mike Tomlin on the return of Peyton Manning.

'Playing early, but playing well'

Youth and inexperience have taken over the most important position in the NFL.

Ten starting quarterbacks this season have been in the league one year or less, with five teams letting rookies run

the show. It's an unprecedented move in the NFL, where experience is a favoured trait for those who handle the ball most. No more.

"One of the most astounding statistics that I've

seen in football in the last 25 years is the amount of young quarterbacks that are now playing early, but playing well," said Jon Gruden, a former coach and current television analyst.

Never have so many teams taken chances with so little experience at quarterback.

This year's group of up-and-comers includes rookies Robert Griffin III in Washington, Andrew Luck in Indianapolis, Ryan Tannehill in Miami, Brandon Weeden in Cleveland and Russell Wilson in Seattle. They join second-year starters Andy Dalton in Cincinnati, Blaine Gabbert in Jacksonville, Jake Locker in Tennessee, Cam Newton in Carolina and Christian Ponder in Minnesota.

THE ASSOCIATED PRESS

By the numbers

1950

The starting 10 quarterbacks with one year or less in the NFL is the most since 1950, according to STATS LLC. That's the year that the league absorbed three teams from the All-America Football Conference, including the Cleveland Browns with Otto Graham.



Rookies, from left, Andrew Luck and Robert Griffin III, and sophomores Andy Dalton and Cam Newton have all been given the chance to lead their teams at quarterback. GETTY IMAGES

| MLB | | | | |
|------------------|----|----|------|-----|
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| EAST DIVISION | | | | |
| | W | L | Pct | GB |
| New York | 76 | 58 | .567 | — |
| Baltimore | 75 | 59 | .560 | 1 |
| Tampa Bay | 74 | 61 | .548 | 2½ |
| Boston | 62 | 74 | .456 | 15 |
| Toronto | 60 | 74 | .448 | 16 |
| CENTRAL DIVISION | | | | |
| | W | L | Pct | GB |
| Chicago | 73 | 61 | .545 | — |
| Detroit | 72 | 62 | .537 | 1 |
| Kansas City | 60 | 74 | .448 | 13 |
| Cleveland | 57 | 78 | .422 | 16½ |
| Minnesota | 55 | 80 | .407 | 18½ |
| WEST DIVISION | | | | |
| | W | L | Pct | GB |
| Texas | 80 | 54 | .597 | — |
| Oakland | 76 | 58 | .567 | 4 |
| Los Angeles | 72 | 63 | .533 | 8½ |
| Seattle | 66 | 70 | .485 | 15 |

Tuesday's results
Cleveland at Detroit
Baltimore at Toronto
N.Y. Yankees at Tampa Bay
Minnesota at Chicago White Sox
Texas at Kansas City
L.A. Angels at Oakland
Boston at Seattle
Monday's results
Baltimore 4 Toronto 0
Chicago White Sox 4 Minnesota 2
Cleveland 3 Detroit 2
L.A. Angels 8 Oakland 3
Seattle 4 Boston 1
Tampa Bay 4 N.Y. Yankees 3
Texas 8 Kansas City 4
Wednesday's Games
All Times Eastern
Minnesota (Walters 2-2) at Chicago White Sox (Peavy 9-10), 2:10 p.m.
L.A. Angels (Haren 9-10) at Oakland (Mc-Carthy 8-5), 3:35 p.m.
Cleveland (Jimenez 9-14) at Detroit (Fister 7-8), 7:05 p.m.
Baltimore (Mig.Gonzalez 6-3) at Toronto (Morrow 8-5), 7:07 p.m.
N.Y. Yankees (Kuroda 12-10) at Tampa Bay (M.Moore 10-8), 7:10 p.m.
Texas (Dempster 4-1) at Kansas City (Teaford 1-3), 8:10 p.m.
Boston (A.Cook 3-8) at Seattle (Millwood 4-12), 10:10 p.m.

| AL LEADERS | G | AB | R | H | Avg. |
|---|-----|-----|-----|-----|------|
| Trout, LAA | 112 | 458 | 108 | 152 | .332 |
| McCabrera, Det | 133 | 517 | 87 | 171 | .331 |
| DavMurphy, Tex | 120 | 361 | 55 | 117 | .324 |
| Beltre, Tex | 130 | 507 | 79 | 161 | .318 |
| Mauer, Minn | 125 | 464 | 70 | 147 | .317 |
| Jeter, NYY | 132 | 562 | 84 | 177 | .315 |
| Fielder, Det | 134 | 483 | 71 | 151 | .313 |
| Butler, KC | 133 | 505 | 58 | 156 | .309 |
| Konerko, ChiW | 118 | 441 | 55 | 136 | .308 |
| TorHunter, LAA | 114 | 433 | 68 | 133 | .307 |
| RBIs — Hamilton, Texas, 114; McCabrera, Detroit, 111; Willingham, Minnesota, 96; Encarnacion, Toronto, 95; Fielder, Detroit, 93; Pujols, L.A. Angels, 92; ADunn, Chi Sox, 88. | | | | | |
| HOME RUNS — ADunn, Chi Sox, 38; Hamilton, Texas, 38; Encarnacion, Toronto, 37; Granderson, N.Y. Yankees, 34; McCabrera, Detroit, 33; Willingham, Minnesota, 33; Trumbo, L.A. Angels, 30. | | | | | |
| PITCHING — Price, Tampa Bay, 17-5; Weaver, L.A. Angels, 16-4; Sale, Chi Sox, 15-6; Scherzer, Detroit, 15-6; MHarrison, Texas, 15-8; Vargas, Seattle, 14-9; Darvish, Texas, 14-9. | | | | | |

Not including Tuesday's games

| NATIONAL LEAGUE | | | | |
|------------------|----|----|------|-----|
| EAST DIVISION | | | | |
| | W | L | Pct | GB |
| Washington | 82 | 52 | .612 | — |
| Atlanta | 76 | 59 | .563 | 6½ |
| Philadelphia | 65 | 70 | .481 | 17½ |
| New York | 64 | 71 | .474 | 18½ |
| Miami | 60 | 75 | .444 | 22½ |
| CENTRAL DIVISION | | | | |
| | W | L | Pct | GB |
| Cincinnati | 82 | 54 | .603 | — |
| St. Louis | 73 | 62 | .541 | 8½ |
| Pittsburgh | 70 | 64 | .522 | 11 |
| Milwaukee | 65 | 69 | .485 | 16 |
| Chicago | 51 | 83 | .381 | 30 |
| Houston | 42 | 93 | .311 | 39½ |
| WEST DIVISION | | | | |
| | W | L | Pct | GB |
| San Francisco | 77 | 58 | .570 | — |
| Los Angeles | 73 | 63 | .537 | 4½ |
| Arizona | 66 | 70 | .485 | 11½ |
| San Diego | 62 | 74 | .456 | 15½ |
| Colorado | 55 | 78 | .414 | 21 |

Tuesday's results
Chicago Cubs at Washington
Houston at Pittsburgh
Colorado at Atlanta
Milwaukee at Miami
Philadelphia at Cincinnati
N.Y. Mets at St. Louis
San Diego at L.A. Dodgers
Arizona at San Francisco
Monday's results
Atlanta 6 Colorado 1
Houston 5 Pittsburgh 1
L.A. Dodgers 4 San Diego 3 (11 inn.)
Miami 7 Milwaukee 3
Philadelphia 4 Cincinnati 2
San Francisco 9 Arizona 8 (10 inn.)
St. Louis 5 N.Y. Mets 4
Washington 2 Chicago Cubs 1
Wednesday's games — All Times Eastern
Philadelphia (Halladay 8-7) at Cincinnati (Leake 7-8), 12:35 p.m.
N.Y. Mets (Dickey 17-4) at St. Louis (Wainwright 13-11), 1:45 p.m.
Chicago Cubs (Volstad 2-9) at Washington (G.Gonzalez 17-7), 7:05 p.m.
Houston (Abad 0-2) at Pittsburgh (Correia 9-8), 7:05 p.m.
Colorado (White 2-7) at Atlanta (Minor 7-10), 7:10 p.m.
Milwaukee (W.Peralta 0-0) at Miami (Eovaldi 4-10), 7:10 p.m.
San Diego (Richard 12-12) at L.A. Dodgers (Harang 9-8), 10:10 p.m.
Arizona (Cahill 9-11) at San Francisco (Bumgarner 14-9), 10:15 p.m.

| NL LEADERS | G | AB | R | H | Avg. |
|---|-----|-----|----|-----|------|
| McCabrera, SF | 113 | 459 | 84 | 159 | .346 |
| AlMcCutchen, Pgh | 129 | 492 | 91 | 168 | .341 |
| Posey, SF | 122 | 437 | 62 | 144 | .330 |
| YMolina, StL | 114 | 423 | 52 | 136 | .322 |
| DWright, NYM | 131 | 485 | 79 | 151 | .311 |
| Braun, Mil | 126 | 489 | 90 | 152 | .311 |
| CGonzalez, Col | 119 | 470 | 84 | 146 | .311 |
| Fowler, Col | 122 | 394 | 69 | 121 | .307 |
| Holliday, StL | 132 | 512 | 85 | 157 | .307 |
| Prado, Atl | 131 | 526 | 72 | 157 | .298 |
| RBIs — Braun, Milwaukee, 96; Headley, San Diego, 92; Holliday, St. Louis, 92; Bruce, Cincinnati, 89; ArRamirez, Milwaukee, 89; Beltran, St. Louis, 86; LaRoche, Washington, 85; Posey, San Francisco, 85; ASoriano, Chi Cubs, 85. | | | | | |
| PITCHING — Dickey, N.Y. Mets, 17-4; GGonzalez, Washington, 17-7; Cueto, Cincinnati, 17-7; Burnett, Pittsburgh, 15-5; Strasburg, Washington, 15-6; Lohse, St. Louis, 14-2; Hamels, Philadelphia, 14-6; Gallardo, Milwaukee, 14-8; Bumgarner, San Francisco, 14-9; Miley, Arizona, 14-9. | | | | | |

Not including Tuesday's games

| GOLF | |
|------------------------|-------------------|
| PGA FEDEXCUP STANDINGS | |
| Through Sept. 3 | |
| 1. Rory McIlroy | 4,799—\$6,402,192 |
| 2. Nick Watney | 3,468—\$2,777,644 |
| 3. Tiger Woods | 3,417—\$5,533,158 |
| 4. Brandt Snedeker | 3,194—\$3,512,939 |
| 5. Louis Oosthuizen | 2,909—\$3,211,595 |
| 6. Dustin Johnson | 2,622—\$2,910,060 |
| 7. Jason Dufner | 2,373—\$4,664,104 |
| 8. Zach Johnson | 2,279—\$4,164,804 |
| 9. Phil Mickelson | 2,170—\$3,332,621 |
| 10. Bubba Watson | 2,080—\$4,178,997 |
| 11. Carl Pettersson | 1,966—\$3,370,496 |
| 12. Keegan Bradley | 1,952—\$3,752,258 |
| 13. Matt Kuchar | 1,920—\$3,678,825 |
| 14. Hunter Mahan | 1,894—\$3,755,193 |
| 15. Sergio Garcia | 1,810—\$2,269,316 |
| 16. Steve Stricker | 1,805—\$3,210,021 |
| 17. Luke Donald | 1,802—\$2,990,824 |
| 18. Ernie Els | 1,719—\$3,194,618 |
| 19. Webb Simpson | 1,687—\$3,113,505 |
| 20. Bo Van Pelt | 1,587—\$2,629,749 |
| 21. Jim Furyk | 1,566—\$2,847,805 |
| 22. Justin Rose | 1,534—\$3,318,330 |
| 23. Lee Westwood | 1,476—\$2,184,569 |
| 24. Rickie Fowler | 1,458—\$2,895,093 |
| 25. Adam Scott | 1,448—\$2,464,757 |
| 26. John Senden | 1,442—\$1,764,171 |
| 27. John Huh | 1,383—\$2,381,413 |
| 28. Bill Haas | 1,353—\$2,327,071 |
| 29. Scott Piercy | 1,337—\$2,338,830 |
| 30. Kyle Stanley | 1,312—\$2,308,657 |
| 31. Robert Garrigus | 1,295—\$2,195,683 |
| 32. Kevin Stadler | 1,285—\$1,493,906 |
| 33. Bud Cauley | 1,272—\$1,703,435 |
| 34. Johnson Wagner | 1,269—\$2,202,127 |
| 35. Ryan Moore | 1,205—\$1,372,944 |
| 36. Greg Chalmers | 1,144—\$1,058,027 |
| 37. Marc Leishman | 1,138—\$1,917,041 |
| 38. Seung-Yul Noh | 1,122—\$1,521,151 |
| 39. William McGirt | 1,110—\$1,201,379 |
| 40. Jeff Overton | 1,104—\$1,307,503 |
| 41. Graeme McDowell | 1,042—\$2,365,079 |
| 42. Tom Gillis | 1,019—\$1,016,658 |
| 43. Tim Clark | 1,010—\$1,389,428 |
| 44. Mark Wilson | 1,006—\$2,035,580 |
| 45. Bryce Molder | 1,003—\$1,043,635 |
| 46. Jimmy Walker | 998—\$1,312,084 |
| 47. Ben Curtis | 997—\$2,342,873 |
| 48. Ian Poulter | 983—\$1,553,271 |
| 49. Vijay Singh | 981—\$1,099,957 |
| 50. Martin Laird | 981—\$2,155,683 |
| 51. Brian Harman | 979—\$1,082,876 |
| 52. J.B. Holmes | 973—\$1,117,010 |
| 53. Geoff Ogilvy | 961—\$1,202,023 |
| 54. D.A. Points | 957—\$1,470,209 |
| 55. Pat Perez | 956—\$1,041,173 |
| 56. Padraig Harrington | 956—\$1,437,672 |
| 57. Ryan Palmer | 952—\$1,388,927 |
| 58. David Hearn | 940—\$957,192 |
| 59. Troy Matteson | 932—\$1,090,353 |
| 60. Graham DeLaet | 922—\$1,015,151 |
| 61. Charlie Wi | 901—\$1,649,909 |
| 62. Bob Estes | 895—\$933,482 |
| 63. Matt Every | 884—\$1,530,393 |
| 64. Kevin Na | 872—\$1,927,655 |
| 65. Brendon de Jonge | 862—\$1,261,264 |
| 66. Chris Kirk | 854—\$999,303 |
| 67. Ben Crane | 849—\$1,648,415 |
| 68. Charl Schwartzel | 839—\$1,085,644 |
| 69. Charley Hoffman | 833—\$1,258,183 |
| 70. Dicky Pride | 829—\$1,242,112 |

Did not advance to third playoff event
21. Jonas Blixt 820—\$993,401
72. John Merrick 814—\$1,048,705
73. Josh Teater 803—\$806,855
74. John Rollins 800—\$1,448,087
75. Scott Stallings 781—\$1,064,652
76. Ken Duke 776—\$1,434,946
77. Roberto Castro 772—\$699,495
78. Aaron Baddeley 770—\$1,215,753
79. Harris English 762—\$1,062,649
80. J.J. Henry 760—\$1,297,802
81. Sean O'Hair 744—\$1,059,777
82. Jonathan Byrd 736—\$1,616,789
83. Spencer Levin 735—\$1,283,616
84. Charles Howell III 733—\$976,362
85. Brian Davis 728—\$1,279,120

| NFL | | | | | | |
|----------------------|----|----|---|------|-----|-----|
| 2011 FINAL STANDINGS | | | | | | |
| AMERICAN CONFERENCE | | | | | | |
| EAST | | | | | | |
| | W | L | T | Pct | PF | PA |
| y-New England | 13 | 3 | 0 | .813 | 513 | 342 |
| N.Y. Jets | 8 | 8 | 0 | .500 | 377 | 363 |
| Miami | 6 | 10 | 0 | .375 | 329 | 313 |
| Buffalo | 6 | 10 | 0 | .375 | 372 | 434 |
| SOUTH | | | | | | |
| y-Houston | 10 | 6 | 0 | .625 | 381 | 278 |
| Tennessee | 9 | 7 | 0 | .563 | 325 | 317 |
| Jacksonville | 5 | 11 | 0 | .313 | 243 | 329 |
| Indianapolis | 2 | 14 | 0 | .125 | 243 | 430 |
| NORTH | | | | | | |
| y-Baltimore | 12 | 4 | 0 | .750 | 378 | 266 |
| x-Pittsburgh | 12 | 4 | 0 | .750 | 325 | 227 |
| x-Cincinnati | 9 | 7 | 0 | .563 | 344 | 323 |
| Cleveland | 4 | 12 | 0 | .250 | 218 | 307 |
| WEST | | | | | | |
| y-Denver | 8 | 8 | 0 | .500 | 309 | 390 |
| San Diego | 8 | 8 | 0 | .500 | 406 | 377 |
| Oakland | 8 | 8 | 0 | .500 | 359 | 433 |
| Kansas City | 7 | 9 | 0 | .438 | 212 | 338 |

2012 REGULAR SEASON
Wednesday's game — All Times Eastern
Dallas at N.Y. Giants, 8:30 p.m.
Sunday's games
Indianapolis at Chicago, 1 p.m.
Jacksonville at Minnesota, 1 p.m.
Miami at Houston, 1 p.m.
New England at Tennessee, 1 p.m.
Washington at New Orleans, 1 p.m.
Atlanta at Kansas City, 1 p.m.
Buffalo at N.Y. Jets, 1 p.m.
St. Louis at Detroit, 1 p.m.
Philadelphia at Cleveland, 1 p.m.
Seattle at Arizona, 4:25 p.m.
San Francisco at Green Bay, 4:25 p.m.
Carolina at Tampa Bay, 4:25 p.m.
Pittsburgh at Denver, 8:20 p.m.
Monday, Sept. 10
Cincinnati at Baltimore, 7 p.m.
Sann Diego at Oakland, 10:15 p.m.

| TENNIS | |
|--|--|
| U.S. OPEN | |
| At New York | |
| Men | |
| Singles — Fourth Round | |
| David Ferrer (4), Spain, def. Richard Gasquet (13), France, 7-5, 7-6 (2), 6-4. | |
| Doubles — Quarter-finals | |
| Marcel Granollers and Marc Lopez (6), Spain, def. Alexander Peya, Austria, and Bruno Soares (15), Brazil, 6-3, 6-4. | |
| Women | |
| Singles — Quarter-finals | |
| Victoria Azarenka (1), Belarus, def. Sam Stosur (7), Australia, 6-1, 4-6, 7-6 (5). | |
| Marion Bartoli (11), France, leads Maria Sharapova (3), Russia, 4-0 (15-30), susp., rain. | |
| Doubles — Quarter-finals | |
| Sara Errani and Roberta Vinci (2), Italy, def. Julia Goerges, Germany, and Kveta Peschke (11), Czech Republic, 6-2, 7-6 (2). | |
| JUNIORS | |
| At Port Chester, N.Y. | |
| Boy's Doubles — First Round | |
| Filip Peliwo, Vancouver, and Kaichi Uchida (1), Japan, def. Stefan Kozlov and Spencer Papa, United States, 4-6, 6-4, 10-6 (tiebreak). | |
| Girl's Doubles — First Round | |
| Eirin Routliffe, Caledon, Ont., and Carol Zhao, Toronto, def. Tornado Alicia Black and Nicole Frenkel, United States, 6-1, 6-0. | |

| NATIONAL CONFERENCE | | | | | | |
|-----------------------------|----|----|---|------|-----|-----|
| EAST | | | | | | |
| y-N.Y. Giants | 9 | 7 | 0 | .563 | 394 | 400 |
| Philadelphia | 8 | 8 | 0 | .500 | 396 | 328 |
| Dallas | 8 | 8 | 0 | .500 | 369 | 347 |
| Washington | 5 | 11 | 0 | .313 | 288 | 367 |
| SOUTH | | | | | | |
| y-New Orleans | 13 | 3 | 0 | .813 | 547 | 339 |
| x-Atlanta | 10 | 6 | 0 | .625 | 402 | 350 |
| Carolina | 6 | 10 | 0 | .375 | 406 | 429 |
| Tampa Bay | 4 | 12 | 0 | .250 | 287 | 494 |
| NORTH | | | | | | |
| y-Green Bay | 15 | 1 | 0 | .938 | 560 | 359 |
| x-Detroit | 10 | 6 | 0 | .625 | 474 | 387 |
| Chicago | 8 | 8 | 0 | .500 | 353 | 341 |
| Minnesota | 3 | 13 | 0 | .188 | 340 | 449 |
| WEST | | | | | | |
| | W | L | T | Pct | PF | PA |
| y-San Francisco | 13 | 3 | 0 | .813 | 380 | 229 |
| Arizona | 8 | 8 | 0 | .500 | 312 | 348 |
| Seattle | 7 | 9 | 0 | .438 | 321 | 315 |
| St. Louis | 2 | 14 | 0 | .125 | 193 | 407 |
| x — clinched playoff berth. | | | | | | |
| y — clinched division. | | | | | | |

CFL

WEEK 10

EAST DIVISION

| | GP | W | L | T | P | PF | PA | Pt |
|----------|----|---|---|---|---|-----|-----|----|
| Montreal | 9 | 6 | 3 | 0 | | 263 | 267 | 12 |
| Toronto | 9 | 5 | 4 | 0 | | 210 | 222 | 10 |
| Hamilton | 9 | 3 | 6 | 0 | | 266 | 294 | 6 |
| Winnipeg | 9 | 2 | 7 | 0 | | 176 | 296 | 4 |

WEST DIVISION

| | GP | W | L | T | P | PF | PA | Pt |
|--------------|----|---|---|---|---|-----|-----|----|
| B.C. | 9 | 6 | 3 | 0 | | 227 | 171 | 12 |
| Edmonton | 9 | 5 | 4 | 0 | | 221 | 185 | 10 |
| Calgary | 9 | 5 | 4 | 0 | | 248 | 236 | 10 |
| Saskatchewan | 9 | 4 | 5 | 0 | | 242 | 182 | 8 |

Monday's results
Toronto 33 Hamilton 30
Calgary 31 Edmonton 30
Sunday's result
Saskatchewan 52 Winnipeg 0

WEEK 11
Friday's game
All Times Eastern
Calgary at Edmonton, 9 p.m.
Saturday's games

Veloster packs on some muscle



ALL PHOTOS WHEELBASE

Hyundai Veloster Turbo

- **Type.** Three-door, front-wheel-drive compact sport sedan.
- **Engine (hp):** 1.6-litre DOHC I4, turbocharged (201).
- **Mileage:** L/100 km: (city/hwy) 7.9/5.2 (MT).
- **Base Price (incl. destination):** \$27,500.

Seating

Accessing the rear seat through the rear passenger-side door is awkward for adults, owing to the sloping roof, but, once aboard, the seats are hospitable enough as long as those in front exercise due consideration for the legs of those in back. The generous cargo area is long and deep enough to hold a camping trip's worth of gear.



The Turbo boasts standard leather-covered seating.

Different look and feel

To differentiate the Turbo, the grille and rear-valence opening are much bigger, there's different sill cladding as well as 18-inch wheels with a chrome inlay (regular Velosters use 17-inch wheels). The artsy taillights and headlights are also different and are worth a careful inspection.

Hyundai has tweaked the

suspension to a point where, from the driver's perspective, it's hard to imagine the Turbo was ever derived from the original. The tighter underpinnings and recalibrated (faster-acting) steering mean improved vehicle control and reduced body lean when cornering. And, when compared to the 2012 model we drove last fall, the Turbo has a much smoother ride.

Review. You loved the look — now, you will love the drive

MALCOLM GUNN
Wheelbase Media

Is the sleek and slippery Veloster Turbo the kind of soul-stirring ride that would make you leverage your credit just to park one in your driveway?

The answer to that is likely yes, especially if appearing cucumber-cool in this finely tailored Hyundai for a less-than-princely sum is how you want to roll.

The now-in-stock Turbo is the latest take on the Korea-based automaker's base Veloster that created quite a stir when it launched last fall for the 2012 model year.

The entry-priced fastback/hatchback/wagon/sporty machine has left its cookie-cutter competition in the dust and the unique single-

driver's-side door/double-passenger-side door design is the asymmetrical punctuation mark to a car that defies convention or comparison.

But if there's one detectable shortcoming, it's the base 138-horsepower four-cylinder engine — shared with the Accent, among other Hyundai offerings — that delivers impressive fuel economy, but is ultimately not a match for the sporty image that the body projects.

Cue the Veloster Turbo, with a turbocharged 1.6-litre engine that improves output to 201 horsepower.

Just as important, the torque rating shoots to 195 pound-feet from 123. And unlike some other turbocharged vehicles out there, the engine is designed to run on regular gas instead of premium.

The well-equipped Veloster Turbo rings in at \$27,500, including destination charges, or about \$6,500 more than the base model.

All in all, it's definitely worth the upgrade.



Aside from leather seats with contrasting colours, it's basically the same tidy interior as the base Veloster.



On one hand, we love the long driver's door that makes getting in and out a cinch. On the other, the rear passenger door makes it easy to get the kiddies in and out.

By comparison



1 Mini Cooper Clubman S
Base price: \$30,550



2 Subaru WRX hatchback
Base price: \$35,000



3 Chevrolet Sonic LTZ
Base price: \$22,500

On the Web



Scan code for more car reviews and news

Top Gear



Calling all 'Vette-heads

If you're a hard-core Corvette fan, or know someone who is, you have to check out Motor House Marketing's line of men's and women's Corvette jackets and accessories. The jackets are made of soft lamb-skin leather with hand-sewn logos and emblems. They also feature adjustable cuffs and double pockets inside and out. But the best part is that Motor House sells its jackets with logos that are specific to each generation of Corvette, from 1953 when Corvette mania began, to the present day, not to mention ZO6 and ZR1 designs. Sizes range from small to triple XL while prices range from \$300-\$625 US, depending on the style. Scope out the selection at motorhousemarketing.com.



Get some extra iPad-ing

Hooking up and mounting your Apple iPad for use in your vehicle is possible with the Nextbase iPad2 Active Car Mount. The system includes a stanchion mount that attaches between the headrest and the seat back so that it faces the back seat. The A/C power cable links directly to the mount and immediately begins to charge the iPad. In addition, a built-in infrared transmitter lets you use your iPad 2 while wearing compatible headphones (sold separately). Finally, a built-in USB connection allows importing photos to the iPad from an external USB drive. Nextbase offers the Active Car Mount for \$130 US (regularly \$170) through nextbase-usa.com. **WHEELBASE**



Silver looks good on her ... the car we mean

A model stands with the Chevrolet Stingray at the Moscow International Automobile Salon on Friday.

MIKHAIL METZEL/THE ASSOCIATED PRESS

Ford's robot measures the human touch

Driving Force. RUTH acts as a 'translator' for automaker's engineers

JILL MCINTOSH
drive@metronews.ca

When it comes to how a car should "feel," automakers have often played a guessing game — at least, up until now. At Ford, a robot named RUTH pokes and prods new models to see if they're up to the standards that customers expect, and gives engineers the technical information needed to put that into the final product.

"We use RUTH to translate the voice of the customer, and to validate that we have delivered on our promise," says Eileen Franko, craftsmanship supervisor at Ford Motor Company in Dearborn, Michigan.

"It's a first of its kind here in North America."

RUTH, which stands for Robotized Unit for Tactility and Haptics, was first used by Ford in Europe, and since January has been working at the company's North American operations. She's basically a giant arm with six joints, and her job is to push buttons, poke the seats, and "use" the interior as a person would. By doing this,



Ford's RUTH pushes a button to measure how it will feel to the customer.
FORD MOTOR COMPANY

she assesses how hard or soft materials are to the touch, sees if switches and controls have a quality feel, and takes measurements of such subjective things as comfort and temperature, and if surfaces feel rough or smooth.

While the company still uses real people to sit in the cars and determine how everything feels, RUTH uses their input to provide mathematical data that can be accurately translated throughout the car's

development, right down to the final assembly line.

"When you work with engineers, you can't just say 'too hard, too soft, too shiny,'" Franko says. "You need to speak in engineering metrics, to translate that voice of the customer — the feedback that we get — into engineering metrics to design the quality into the product."

Designing a vehicle always starts with computer models, which are used to develop the

Robot facts

- Ford says it is the first automaker in North America to use a RUTH machine to quantify quality and comfort in its vehicle interiors.
- RUTH doesn't actually take the place of human interaction with the car. Instead, she gathers mathematical data that will be used to build the car to the quality standards determined by real people.
- RUTH has been used in the development of the all-new 2013 Ford Fusion, which will be introduced later this year.

final product. RUTH is used both in the creative process and in the validation process, where actual vehicles and parts are made for testing to ensure that the computer models were correct. By poking a padded dash, for example, RUTH measures the deflection, ensuring that it feels "right" — not too hard, and not too soft.

"We don't completely remove the human touch," Franko says. "It's all about touch, feel, and quality."

TWO WAYS TO WIN WITH SHELL!

Shell Favourite Road Trip Contest

Relive your favourite road trip for a chance to win \$1,000 of Shell fuel.

To enter, just submit a 250 word essay describing your favourite road trip! Contest closes on September 16, 2012.

Visit www.shell.ca/favouriteroadtrip for details.

Fuel up for Summer road trips ahead with New Shell Nitrogen Enriched Gasolines! Now containing 20% more cleaning agents than before. No other gasoline protects your engine[†] better!

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Make a Shell pit stop for fuel and more at the convenience store for a chance to win 1 of 1,000 prizes of 5,000 AIR MILES reward miles.

Visit www.airmiles.ca/shellcontest for details.



*Protection of intake valves and fuel injectors. †Trademark of AIR MILES International Trading B.V. Used under license by LoyaltyOne, Inc. and Shell Canada Products. ©Trademark of Shell Brands International. Used under license.

Designated texter the new auto-safety superhero

Autopilot



AUTO PILOT
Mike Goetz
drive@metronews.ca

The designated driver concept works like a charm, so not surprising that the concept of the designated texter is gaining traction. But I'm wondering about this: designated drivers have to be licensed and sober. Designated texters just have to be "not driving" and sitting in your car, a pretty low bar of qualifications.

What if they can't spell ne-

cessary words like imbecile and subpoena? What if they routinely mix up terms like self-deprecating and self-defecating? What if they have good vocabulary, grammar, and punctuation, but have the emotional IQ of a walnut?

What if they're drunk and always had a thing for your main squeeze? Shouldn't there be some kind of screening process to make sure your personal correspondences won't be compromised?

In the long run, however, I guess those issues are minor when you consider what's at stake. According to the U.S. campaign called Stop the Texts. Stop the Wrecks, a texting driver

is 23 times more likely to get into a crash than a non-texting driver.

The campaign was created by a team of several U.S. safety groups last year, and just recently created a series of public safety announcements featuring an actual scene from Glee, the popular TV series about singing high schoolers. In the spot, Dianna Agron's character, Quinn Fabray, crashes her car as a direct result of texting and driving.

The latter is one of the first places to use the term "designated texter" and to promote its use, in their Tips section. Some tips are painfully obvious, like, "When you're in the car, put the

phone where you can't get it." Another tip was extremely not obvious to me: "An app can help you stop texting." Apparently there is an app for that ...

But "Designate a texter" is the one with the most potential for humorous calamity, so that's the one I'm really getting behind. Whatever your choice — or choices — doesn't matter, as long as you're with the program, and maybe even advocating about it a bit. Teens are especially vulnerable, because they text the most, and are the most inexperienced drivers.

John Voelcker of Green Car Reports recently noted a conversation he had with a GM engineering executive looking into

Texting and driving facts

- 5 seconds is the average time your eyes are off the road while texting.
- When travelling at 88 km/h, that's enough time to cover the length of a football field.
- A texting driver is 23 times

more likely to get into a crash than a non-texting driver.

- 34 per cent of teens who drive while distracted simply say they're used to multi-tasking.

STOPTEXTSSTOPWRECKS.ORG

distraction and driving.

The GM man told Voelcker that most of the young people who were being surveyed by the automaker on this issue were confused by the questions, and eventually had to set GM

straight. You don't understand, they said, it's not the device that is distracting me from driving, it's the driving that is distracting me from what I would rather be doing, which is using the device (for communicating). Wow.

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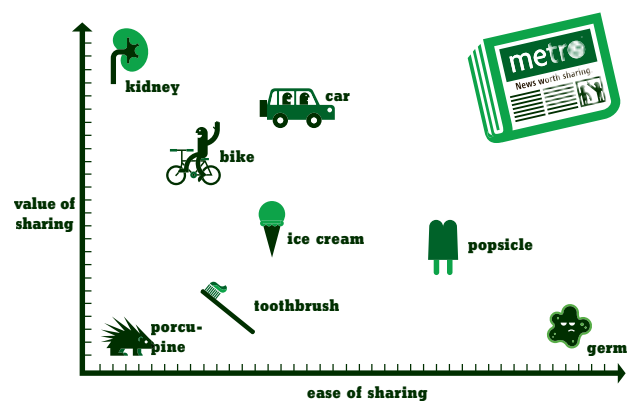
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Horoscopes

Aries

March 21 - April 20
Listen to your conscience and act on what it tells you. You know from past experience that if you ignore your inner voice you are likely to regret it. Why tempt fate when so many things are going right for you?

Taurus

April 21 - May 21
The Sun in the most positive area of your chart means if there is something you want or someone you desire, now is the time to make your play. There can be no more excuses: get on with it!

Gemini

May 22 - June 21
If there is something you can do for a friend or family member then do it and don't think of the cost. When you do a good deed, you make it more likely that good things will come back to you.

Cancer

June 22 - July 23
Facts and figures must come first today, both in your personal life and at work. Other people's hard luck stories may move you to tears but how do you know they are telling the truth? Do your own checks.

Leo

July 24 - Aug. 23
There are times when it all seems to come together and while you may not quite have reached such a time yet it cannot be far away. Look out for pointers over the next 24 hours — and follow them.

Virgo

Aug. 24 - Sept. 23
Make the most of the Sun in your sign to start a new phase in your life, one that builds on the experiences of previous events and experiences. If there is something you truly desire, start working towards it now.

Libra

Sept. 24 - Oct. 23
The Sun remains in the most sensitive area of your chart for the next three weeks or so, which means you need to be positive and you need to be kind to yourself. Don't worry. Everything will work out fine.

Scorpio

Oct. 24 - Nov. 22
You might be tempted to say what you think other people want to hear but both you and they will regret it later on. Today's Mercury-Mars link urges you to be brutally honest. Don't skimp on the truth.

Sagittarius

Nov. 23 - Dec. 21
Be nice to those who might be able to further your career interests in some way. Even if they are not really your kind of people, it won't hurt to get on their good side — in a dignified way, of course.

Capricorn

Dec. 22 - Jan. 20
This is a good time to be on the move, especially if you are the kind of Capricorn who gets bored with the same old faces and places. If you can arrange a vacation at short notice then go for it now.

Aquarius

Jan. 21 - Feb. 19
According to the planets, time is running out on a project that should have been finished by now. You can still get it done but you have got to put it at the top of your To Do list — and then do it.

Pisces

Feb. 20 - March 20
You will find it easier to reach your goals if you team up with someone who shares your general outlook on life. You don't have to agree on everything — in fact your differences will bring balance to the relationship.
SALLY BROMPTON

Crossword: Stuff and Nonsense

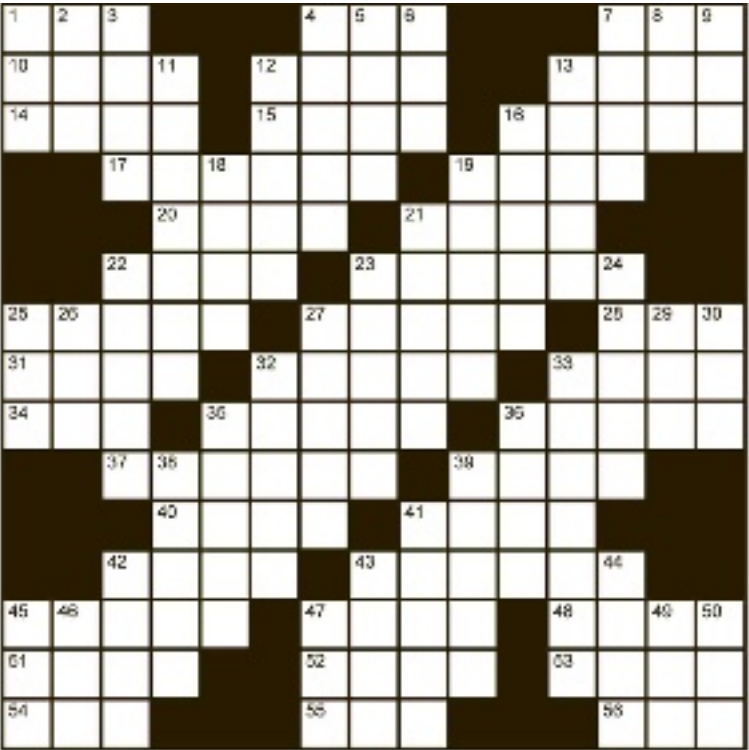
Across

1. Winnipeg's ___ River
4. Male youngster
7. Lie
10. Dump water overboard
12. '60s sitcom star Dick Van ___
13. Call at home plate
14. Ontario tribe
15. Outfit recently re-named from Canadian Forces Air Command, for short
16. Armed robbery
17. Harper group
19. "I'm unable to do it"
20. Ontario-born *Scream* star Campbell
21. Is worthwhile
22. "___ the Last Dance for Me"
23. Ontario-born Howie of *Deal or No Deal*
25. Gasoline unit
27. Approach harvestability
28. *Porgy and Bess* lyricist Gershwin
31. Popular music player
32. Crapshooter's boxcars
33. Castle barrier
34. Also
35. Alberta NHLer
36. 1,000 kilograms
37. Margot ___: Yellow-knife-born Lois Lane portrayer in four *Superman* movies
39. Hand-held holers
40. Auctioneer's final word
41. Bigoted attitude
42. Feeling down
43. Bay surrounded by Nunavut, Manitoba, On

- tario, Québec
45. "___ words were never spoken"
47. TV, familiarly
48. ___ Scotia
51. Rowboat equipment
52. Slippery fish
53. Be apropos for
54. Debussy's "La ___" ("The Sea")
55. Watch
56. ___ Gamgee: unwilling visitor to Mordor

Down

1. Bank founded in 1864 in Halifax: initialism
2. Corn unit
3. Calorie watch
4. French high school
5. Aliases
6. ___ Leppard
7. ___ accompli: done deed
8. "No ___, ands, or butts!"
9. Wager
11. Montréal singer-poet Cohen most known for "Suzanne"
12. A: or C; on a computer
13. Sixth ___: ESP
16. "The Creation" composer Franz Joseph
18. French dream
19. Christmas tree candy hangings
21. *Metro*, for one
22. Bale of hay or straw, in the Prairie Provinces
23. Boy-meets-girl event
24. CFL West Division team
25. Ignited



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26. Big event for a dot-com: initialism
27. Angered
29. Became a candidate
30. Consumed
32. Move like a crab
33. ___ Canadian (beer)
35. Smell
36. "___ the night before Christmas ..."
38. Archipelago compon-

- ents
39. Assistants
41. BC-born pop singer Michael
42. Raymond ___: New Westminster, BC-born Perry Mason portrayer
43. Louie and Dewey's brother
44. Entre ___: between us
45. Stray cat

46. Edmonton-born actress ___ Dawn Chong, daughter of Tommy
47. Casual wear
49. ___ Rail Canada
50. Cash cache

Yesterday's Crossword



What's online

See today's answers at metronews.ca/answers.



Sudoku

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's Sudoku

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 7 | 5 | 8 | 4 | 1 | 2 | 3 | 9 | 6 |
| 9 | 4 | 1 | 8 | 3 | 7 | 5 | 2 | |
| 8 | 2 | 3 | 9 | 7 | 5 | 6 | 4 | 1 |
| 4 | 7 | 9 | 8 | 6 | 1 | 2 | 3 | 5 |
| 1 | 3 | 5 | 2 | 4 | 8 | 9 | 7 | 6 |
| 6 | 8 | 2 | 3 | 5 | 7 | 4 | 1 | 9 |
| 3 | 9 | 4 | 1 | 2 | 8 | 5 | 6 | 7 |
| 2 | 6 | 7 | 6 | 9 | 4 | 1 | 8 | 3 |
| 5 | 1 | 8 | 7 | 3 | 6 | 9 | 2 | 4 |



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